



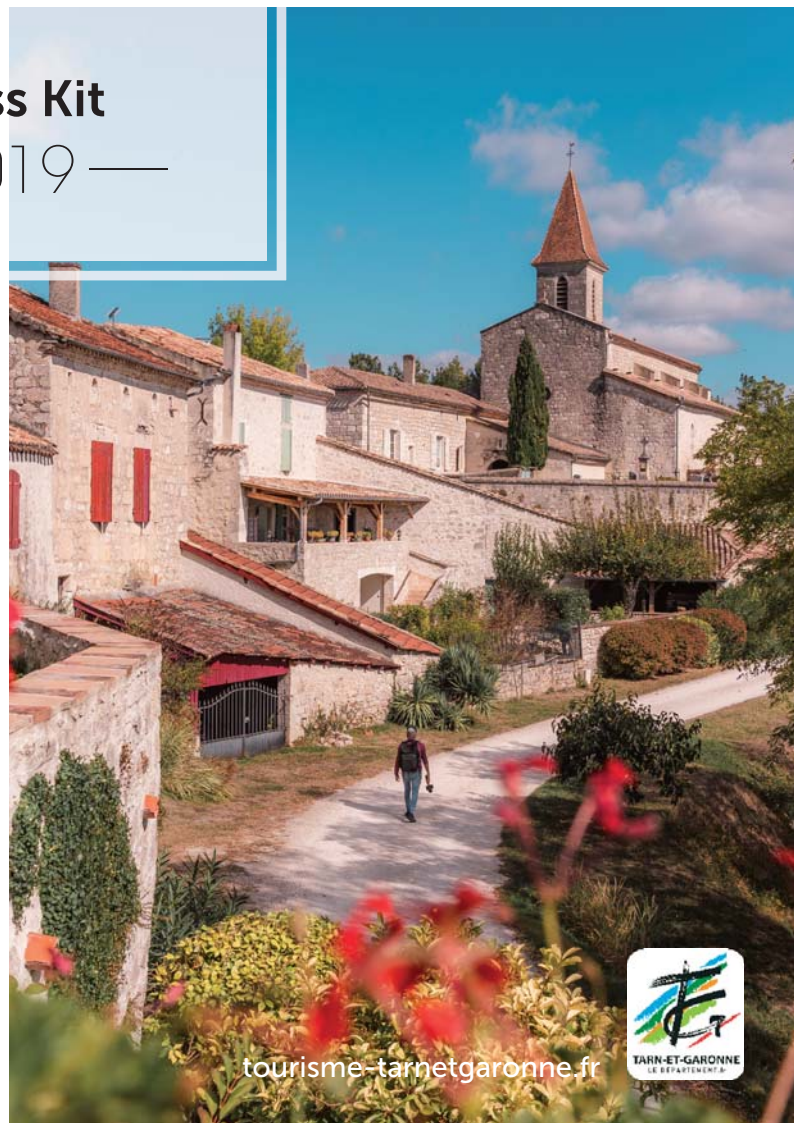
TARN-ET-GARONNE

Tourisme

Sud-Ouest - Occitanie



Press Kit
— 2019 —

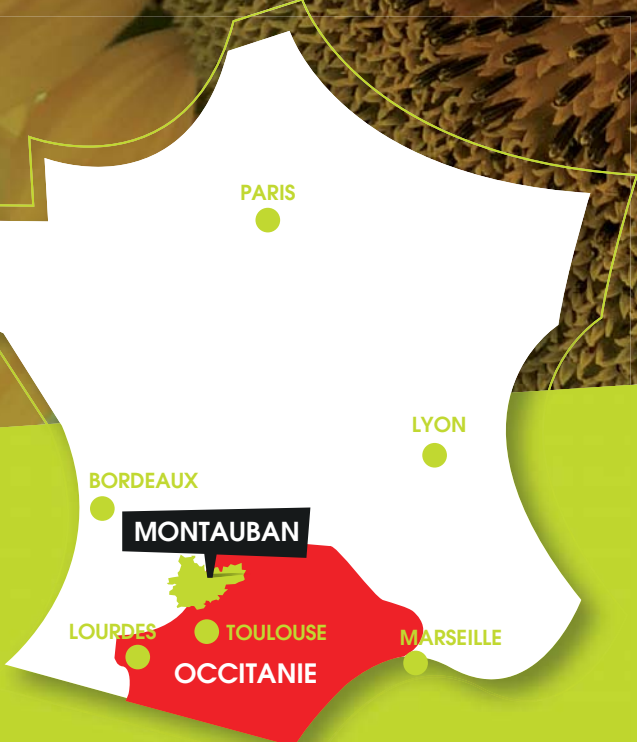


tourisme-tarnetgaronne.fr





- LEGEND**
-  Green resort
 -  France most beautiful villages
 -  Town of art and history
 -  Museum of France
 -  Blue flag
 -  Great site of Occitanie



HOW TO GET THERE

✈ Plane: 35 minutes driving from Toulouse - Blagnac airport. Other airports: Agen, Carcassonne, Bordeaux, Périgueux.

🚆 Train : 3h50 from Paris by TGV (Bordeaux line)
5h30 par le Paris-Limoges-Toulouse

PRESENTATION

The Tarn-and-Garonne is in the heart of the Southwest, a land of orchards and breath taking nature. Come to discover the mix of cultural tourism and "slow tourism" leisure pursuits, the cloister of Moissac, Montauban but also the safe cycle path along the Canal of the two seas, the Aveyron Gorges and its stunning villages. Taste the fruits, vegetables, garlic and truffles, not to mention the wine, geese and ducks specialities such as delicious foie gras. Whether you are a family, a couple or just friends, each step takes you towards a discovery, a magical spot and a shared pleasure.

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**Thank
you
Napoleon 1st**

The Tarn-et-Garonne was born on November 21st, 1808, with territories taken from neighbouring departments, to make Montauban a prefecture, high place of political power. The emperor creates the youngest French department to satisfy the notable Montalbanians. Story has shaped a department with a great diversity of landscapes, offering a lot of possibilities massed in only one destination, rich of all these differences.

MUST HAVE EXPERIENCES

in Tarn-&Garonne



1

LIVE A SACRED MOMENT IN MOISSAC CLOISTER

The cloister of Moissac is a masterpiece of Romanesque architecture with 76 capitals sculpted in a special atmosphere.



2

DESCENT OF THE AVEYRON GORGES IN CANOE

The descent of the Aveyron Gorges is punctuated with natural beaches, rapids and cliffs in a magical scenery with hidden treasures.



5

RIDE UNDER THE AUTUMN LEAFS ALONG THE CANAL OF THE TWO SEAS

The cycle path of the Canal of the two seas is built on the old tow-path, bordered with plane trees and offers a wonderful spectacle of colours during each season.



3

CHOOSE YOUR STRAW HAT IN CAUSSADE

This town hides two great hat factories and one hat blocker in a workshop.



4

GET A BREATH OF FRESH AIR PERCHED AT 300 FEET ABOVE THE RIVER AVEYRON

The castles of Bruniquel are built at the edge of the cliff and offer a breath-taking view on the Aveyron gorges and its wild nature.



6

TASTE YOUR FIRST BUNCHES OF CHASSELAS DE MOISSAC GRAPES IN THE HILLS OF QUERCY

From September bunches of Chasselas grapes are ready to be harvest. The producers welcome the visitors for visiting and tasting in the middle of the vineyards..



8

OBSERVE THE MIGRATORY BIRDS IN SAINT-NICOLAS-DE-LA-GRAVE

The confluence of Saint-Nicolas-de-la-Grave is a ornithological reserve, the most important in the southwest and unique in Europe, famous for the diversity of species who live there.



10

TASTE THE BEST LOCALS WINES

Taste it at the restaurants or directly at the producers farms. The Tarn-et-Garonne counts 6 designations of guaranty of the quality of all the different wines. Independent wine producers, organic production, wine cellar, taste it all.



7

TAKE A FRENCH BREAKFAST IN THE PLACE NATIONALE OF MONTAUBAN

This square is the heart of the town, a treasure of architecture built in pink bricks, with double line of arcades.



9

GO TO THE MARKET IN SAINT-ANTONIN-NOBLE-VAL

On sunday mornings go to one of the most famous market in the region. Taste the local flavours and meet some local producers in the medieval alleys of this charming old city.



MONTAUBAN

Welcome in the city of Ingres



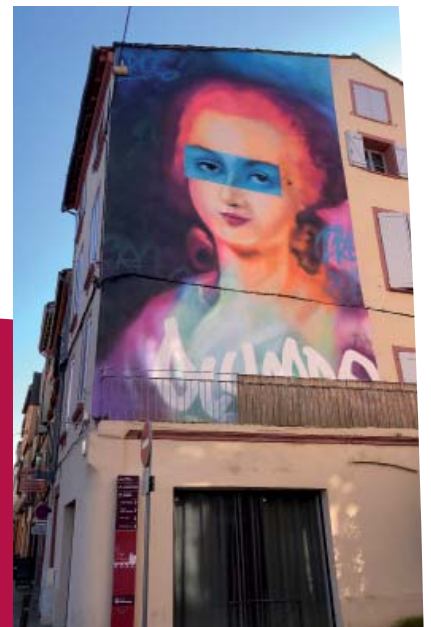
Montauban, town of Art and History, nine centuries old, is wearing well. Built of pink brick, it offers treasures such as the 17th century Place Nationale with its splendid arcades and surrounding old streets, its luxury private mansions, the view on the former Bishop's Palace from the Pont-Vieux (old bridge). The town has managed to keep its identity whilst renovating its architectural heritage, witness of a rich and eventful history. Must to see: the Church of Saint-Jacques, the Ingres museum, the Notre-Dame cathedral, the sculptures by Antoine Bourdelle scattered around the town.

In the end of 2019, don't miss the reopening of the Ingres-Bourdelle museum. After 3 years of closing to renovate this magnificent building there will be new spaces and a new way to discover the masterpieces of Ingres and Bourdelle.

www.montauban-tourisme.com

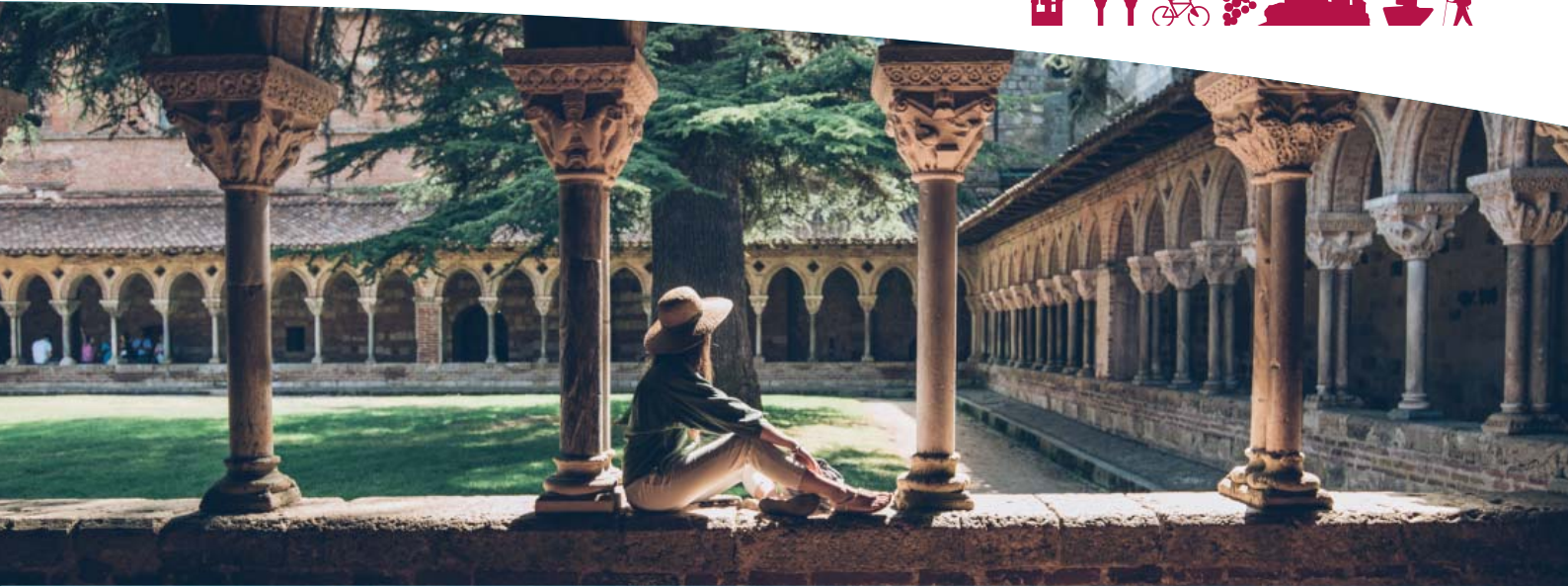
Discover the Street art:

In this city you have to raise your eyes to admire the wonderful street art at the corner of the road. Start with the fresco dedicated to Olympe de Gouges, and continue with the work of other street artists such as space invader, famous french artist. The street art invaded the city centre!



Olympe de Gouges, pioneer of French feminism:

Born in 1748 in Montauban, she was one of the most intelligent, spirited and beautiful woman of her time. Her singular voice not only argued for equality between the sexes, but against injustice, discrimination, and oppression in all its forms. As a passionate advocate of human rights, Olympe welcomed the Revolution with hope and created the « Declaration of the Rights of Woman and the Female Citizen ». She is the only woman whose bust is today in the National Assembly.



MOISSAC

Stone, water and grape...



Moissac is one of the prides of the Tarn-et-Garonne. 30 km west of Montauban, this Mecca of Romanesque art in France is also a major fruit centre, bathed in the Tarn and the Canal of the two seas.

This city is indeed the home of the famous AOC Chas-selas grapes, the first fresh fruit to benefit from AOC, and listed as French Cultural and Immaterial Heritage.

Moissac, active city, enjoys an international reputation due to the abbey church of Saint-Pierre and its cloister, listed as World Heritage Site by UNESCO.

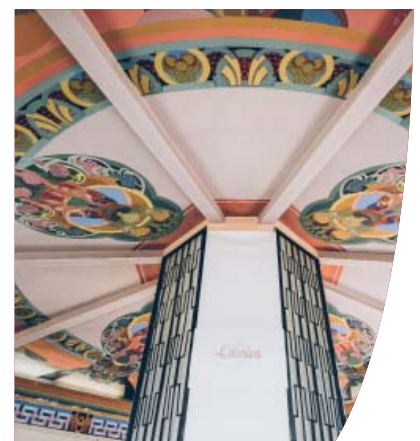
Founded in the seventh century, the abbey of Moissac was for centuries a considerable influence. It was and still is a major step on the road to Saint-

Jacques de Compostela. With a mesmerizing serenity, cloister dedicated to the Year 1100 deploys its four galleries decorated with 76 beautiful capitals, with bible stories or leaf and nature sculpture. There is no other example in the world of cloisters, which has survived well in its entirety. The tympanum of the abbey is also among the masterpieces of Romanesque sculpture.

With a pretty marina, Moissac is also the starting point for walks along the Canal of the two seas, punctuated with locks and structures (see the impressive aqueduct 1847). Walking on the promenade along the water of the river Tarn is enchanting, between Napoleon bridge and the mill of Moissac (now a hotel), and the Uvarium. Surprising art deco building where we offered toning cures based of grape juice.

Discover the Art Deco in Moissac:

In the district of Sainte-Blanche on the river Tarn banks, dive into the elegant universe of the 30's. In 1930, the rises in the level of the river Tarn destroyed a part of the city centre of Moissac. This rise killed 120 peoples and leaves thousands of inhabitants homeless. They rebuilt in Art Deco architecture with geometrical shapes, distinct angle, opening with audacious cutting, decorative ironwork, and frescos. Today the "Hall de Paris" and the "Uvarium" are treasures you can admire from this period.

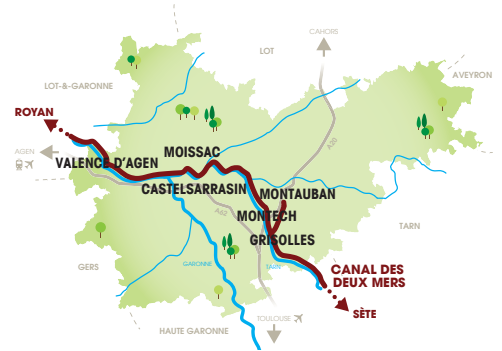




THE CANAL OF THE TWO SEAS

Sweet and bucolic journey through the Southwest...

The biggest construction work of his time: the Canal du Midi. Created by Pierre-Paul Riquet, this work was stopped in Toulouse for lack of financing. At the nineteenth century, this construction was extending by the Canal de Garonne from Toulouse to Castets-en-Dorthe (near to Bordeaux). All of those structures constitute the Canal of the two seas, to the Mediterranean sea from the Atlantic ocean, is crossing the Tarn-et-Garonne. The success lies in the landscape, in the crossing cities as much as the means of transport: boat, bike, by foot.



ECOTOURISM IN

Saint-Nicolas-de-la-Grave:

The confluence of Saint-Nicolas-de-la-Grave is a Natura 2000 area. This natural and protected place covers an area of 340 hectares. This spot is located at the confluence of the river Tarn and the river Garonne. The wedding between those two rivers creates a major place of ecological interest, where the nature is free to take its rights back. It is such a wonderful place for migratory birds too. It is a bird sanctuary, known for the diversity of bird species that frequent the small islands on the rivers, well seen from the bird observatory.



New charming place to stay:

Au Coeur des éléments

Located in the pretty village of St-Nicolas-de-la-Grave, only far 5 minutes driving from Moissac, « Au cœur des éléments » is a new bed and breakfast. This accommodation is situated in a beautiful mansion from 1820. 5 sophisticated guestrooms for 5 elements: Air, Earth, Water, Fire and Quintessence.

www.aucoeurdeselements.com



THE AVEYRON GORGES

The very nature of the Tarn-et-Garonne!

The Aveyron was born in the neighbouring department, but it's in the Tarn-et-Garonne that the river is at its most resplendent! The Aveyron gorges are a wonderful natural area with a remarkable variety of flora and fauna.

The Aveyron gorges is the perfect destination for nature lovers. Numerous footpaths enable you to explore and appreciate the remarkable views. Winding along the dizzying sides of the gorges, hollowed out of the limes-

tone slopes at the foot of the towering chalk plateau, these paths will delight those with a penchant for thrills. The Aveyron gorges nestle, within their towering cliffs, jewels of medieval villages such as Bruniquel, Saint-Antonin-Noble-Val, Caylus and Montricoux... Canoeing is the principal outdoor activity during spring and summer. Cycling is great as well all year long. Medieval towns, design and art centre, gourmet restaurants, stunning landscapes, there is so much to explore in this land.

Bruniquel: An exceptional scientific discovery.

The oldest human construction was discovered in Bruniquel, build 176 500 years ago. It consists of two circles formed by nearly 400 pieces of stalagmites carefully cut, calibrated and erected over 368 ft.

This place could be a place of worship build by the Neanderthal's people. This discovery shatters our current knowledge of prehistory.

This site can't be visited but a lot of activities, for young and old alike, around the prehistory are proposed in Bruniquel. You can learn how to cut a flint, do archaeological study in encampment Palaeolithic reconstitute surrounded by nature.

In the castles of Bruniquel a room is dedicated to the discovery of Bruniquel, with an exhibition of fossils and other vestiges discovered in the area.



THE MOST BEAUTIFUL VILLAGES

Of France



Get lost in their medieval streets and fall in love with these 3 jewels of Tarn-et-Garonne.



AUVILLAR,

Overlooking the river Garonne, Auvillar is a picturesque halt for pilgrims. The village, famous in the 18th and 19th centuries for its pottery, is now renowned for its circular town hall dating from 1825, its clock tower and Saint Peter's church. This village is noteworthy for the architecture of the houses with their corbels, moldings and brackets.

www.auvillar.fr

BRUNIQUEL,

This village is at the crossroads of the Quercy, the Rouergue and the Albigensian territory. It plunges you into its medieval past thanks to its ramparts, the twin castle ruins overhanging the River Aveyron and not forgetting the Maison Payrol, former residence of the Governors of Bruniquel and 12th century storeroom.

www.bruniquel.fr

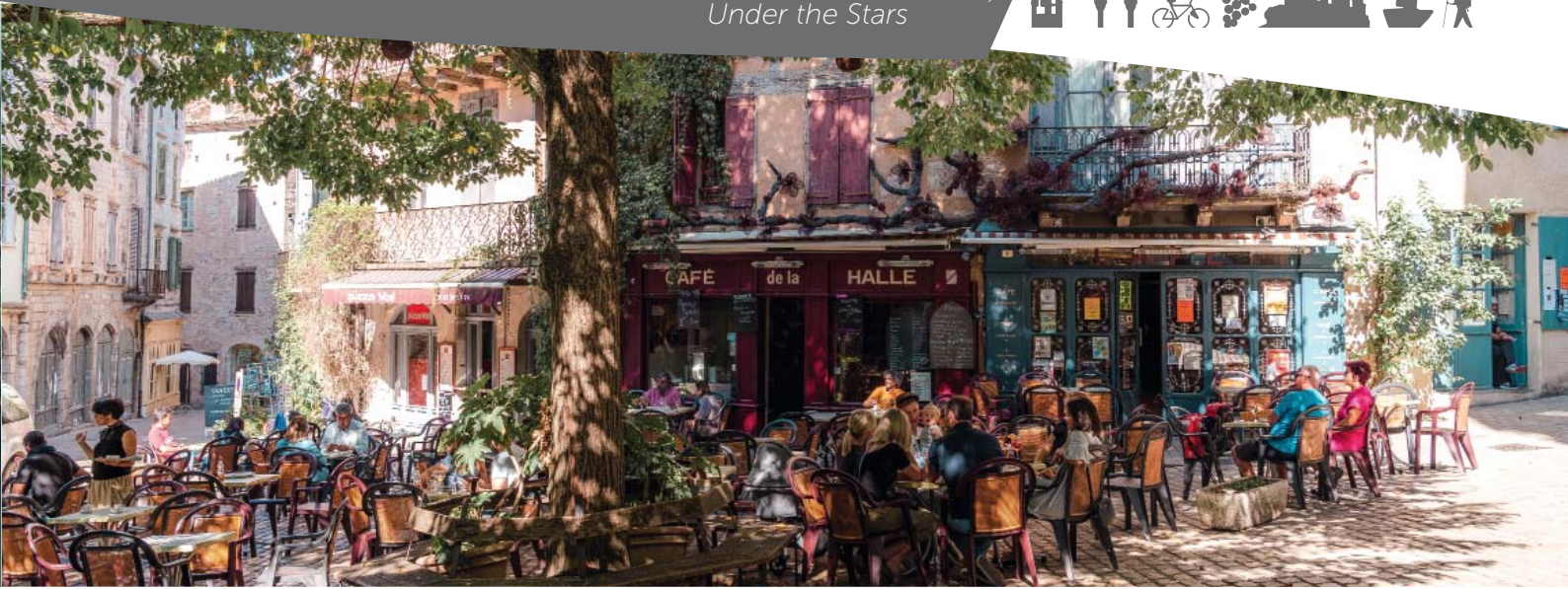


LAUZERTE,

Not to be missed on the Pilgrims' Way, Lauzerte is perched on the top of a hill, surrounded by typical Quercy Blanc landscapes. Built in the twelfth century, numerous vestiges of the Middle Ages survived: the classified Romanesque chapel of Saint-Sernin du Bosc, the Place des Cornières with its arcades as well as medieval houses from 13th and 15th centuries.

www.quercy-sud-ouest.com





Saint-Antonin-Noble-Val, Hollywood, famous film set.

2013 was an exciting year for the medieval village of Saint-Antonin-Noble-Val in the Aveyron Gorges. It was transformed into a movie set to shoot "The Hundred-Foot Journey" directed by Lasse Hallström with Helen Mirren, which was released worldwide in 2014. Now the public can join a special guided tour following in the footsteps of Hassan Haji, the young Indian with a special gift for cooking, who comes to live with his family in this peaceful little village. The tour features the producers market, the banks of the river Aveyron ...

www.tourisme-saint-antonin-noble-val.com



Few kilometres away from Saint-Antonin, don't miss

CAYLUS:

Setting on a hill, Caylus is formed around a castle. Caylus is at a crossroads between Bonette Valley and the Rouergue territory. Active city in the middle Ages, Caylus retains rich houses of the thirteenth and sixteenth centuries, especially the house of wolves, built around 1350. Overlooking Caylus and these magnificent landscapes, drive up to the chapel of Our Lady of Graces in Lacapelle-Livron. Going down stop at the "cascade pétrifiante", petrifying waterfall, to see this natural jewel.



NEW: Le refuge aux étoiles

In a natural setting protected from light pollution, this refuge proposes cottages or guestrooms with initiation evenings to observe the sky. Curious about the sky or experienced astronomer, this refuge is a perfect place to admire the stars! Observation of the main stars by telescope, discovery of the planets, nebulas... During the day, sun observation to learn and understand our shining star.

www.lerefugeauxetoiles.com



NEW: VIA FERRATA

This Via Ferrata is building on the natural site of Roc d'Aglars, overlooking Saint-Antonin-Noble-Val, in the heart of the Aveyron gorges. This course includes challenging path, two Tyrolean, abseiling descent... This activity is for all levels and every ages and offers intense moments thanks to its exceptional natural setting.



Belleperche, Beaulieu-en-Rouergue, La Cuisine, Château de Lamotte... 4 monuments with a rich and surprising past to discover.



Have a tea in

BELLEPERCHE

In the middle Ages, Belleperche Abbey was one of the largest and richest monasteries in the Southwest of France. The unique exhibition « Earth and Tea » at the Museum of Table Art in the Cistercian Abbey of Belleperche is not to be missed. This exhibition displays the "Valfré collection", unique in Europe, it is a real aesthetic and cultural treasure, a collection of old ceramic masterpieces, mainly from China.

It is above all 246 stoneware pieces, mainly teapots from the city of Yixing. A ceramics city half way between Nanking and Shanghai, Yixing is the place where the teapot was invented at the beginning of the 16th century, when tea prepared by infusion finally replaced the decoction (pressing/ mashing) process that had been used for centuries. Yixing teapots, with their many nuances of red, violet, purple, brown, yellow or black, have been appreciated and sought after in China for five centuries. What was once a collector's item and curiosity reserved for princes has once again become a daily object, and rightly so; Yixing stoneware is the perfect material for preparing tea in the best conditions to express the aromas and flavours.

www.belleperche.fr

BEAULIEU-EN-ROUERGUE

Founded in 1144 by the Bishop of Rodez, the Abbey of Notre-Dame de Beaulieu was built in the Cistercian style. Nestled in the Seye Valley, the buildings feature thoughtful furnishings and simple, clean-lined décor. Abandoned during the French Revolution, the abbey was saved from ruin in the 1950s by Geneviève Bonnefoi and Pierre Brache. Their collection of contemporary artworks has given the monument fresh cultural direction. Nowadays every summer this impressive abbey hosts contemporary exhibitions, which create an incredible atmosphere between this white stone jewel and colourful artists.

www.beaulieu-en-rouergue.fr





NEW:

THE CASTLE OF LAMOTTE

This castle will open its doors for the first time in 2019 April.

The château of Lamotte-Bardigues has, quite remarkably, remained in the hands and care of the same family since 1315. Rebuilt during the reign of Louis XV, a golden age for French architecture, it boasts classic design, noble perspectives and refined character typical of that period. Eighteenth century furniture and fittings, as well as the landscaped grounds, and a majestic English-style garden, evoke the elegant lifestyle of the Age of Enlightenment.

Today, the family's youngest generation are proudly continuing seven centuries of art and history, inviting visitors to share the wonders of this Historical Monument for the first time. With the support of the Tarn-et-Garonne District, they offer visitors a unique experience weaving past and present, old stones and recreational activities, family stories and history, into an unforgettable tableau. In addition to the permanent collections, temporary exhibitions will recreate daily life in a country castle, from games to furniture and tableware. And for younger visitors there will be a special tour – including costumes!

Come immerse yourself in the sumptuous past of this castle.

www.chateaudelamottebardigues.com

Lamotte isn't the only castle rich of history and art! The Tarn-and-Garonne is a country of kings, lords and battles. That's why a lot of castles are built in this area: The Castle of Bioule, Negrepelisse, Piquecos, Gramont, Saint Projet, Montricoux, Cas, Larrazet are also really charming and mysterious.



La Cuisine:

La Cuisine, an Art & Design centre has been recently created in Nègrepelisse, on the walls of the former castle, with an architectural style subtly marrying ancient and new. The result is a superb blend of 13th century remains alongside contemporary lines and building materials.

"La Cuisine", is the only art & design centre in Tarn-et-Garonne housing entirely contemporary art works. As reflected in its nomenclature, the centre focuses specifically on aspects of the culinary arts. Local, or artists in residence, are invited to create works reflecting upon possible interactions between daily functional usage and creativity.

The centre organises educational activities (visits and workshops) and also coordinates cultural events programmed locally by associations and organisations, and the cooking lessons, always in relation with the temporary exhibitions, is a great success.

www.la-cuisine.fr



THE BROOMS OF GRISOLLES

During more than a century, Grisolles was the Europe capital of the broom.

The industry of the nineteenth century enables the fertility of the plains of river Garonne. It's a revolution that transforms a coarse utensil of straw in a tool aesthetic and usual with strong wooden handle, different straw, wire for tie, conical shape flattened, and all keeping by a pretty cord of colour. This is a 100% Occitan's broom. Before the First World War, the canton counts more than 20 workshops and around 400 workers in Grisolles.

Portrait: Jean Marc Coulom, the last broom maker of Grisolles

He is the inheritor of a handmade knowledge in danger. Always passionate, Jean Marc insures this old tradition. You need to be patient to make a broom and some raw material of quality: beautiful straw of Sorgho, wooden handle of pin of Landes, reed of Camargue, plasticised hemp yarn and a little bit of red paint on the apple and at the end of the handle: emblem of the workshop. His creation are a mixed of art, old knowledge and usual product.

<https://balaispaillecoulom.com>



CALBET MUSEUM

The Calbet museum was created in 1938 by writer and poet Théodore Calbet Occitan, the museum of arts and popular traditions of Grisolles has a set of collections related to different aspects of regional daily life from prehistory to the present. A room is dedicated to the broom production of the city and its story. Since 2002, the museum opened its Calbet spaces to contemporary Art, inviting exhibition and residency, artists revisiting the concepts of heritage, community and territory. An original encounter that makes this museum a place of unusual dialogue between the ancient heritage and artistic creation ...

www.musees-midi-pyrenees.fr/musees/musee-calbet/



WEAR A REAL “CANOTIER” IN CAUSSADE

Caussade is known worldwide for its hat factories and the truffle market. In the XIX century, Caussade made straw hats for French actors, such as Maurice Chevalier, and rich ladies of Paris. Today, the hat festival in July invites artists and designers of hats from the all world to present their best creations at the art show. Since 2015, Caussade has also its kind of Hat Museum, “L’Epopée chapelière”. This original space, dedicated to the hat history of Caussade, allow visitors to discover the creation and history of hat factories in Caussade, wearing a real canotier.



Portrait: Didier Laforest, hat blocker

Didier creates, with great skill, the wooden form, which will be used to create hats. It’s listed on UNESCO’s list of ‘Rare and Exceptional Crafts’. It is also hugely important that the skill is preserved, as it is integral to the fashion industry and France’s international millinery influence. In Caussade, Didier welcomes you in his workshop, shop and showroom. A magical place embodying the very spirit of wood, felt and straw in premises, planned, designed and managed by Didier himself.

www.hatsblock.com



THE ORCHARD OF THE SOUTHWEST

The Tarn-et-Garonne, with its microclimate and rich soil, produces 80% of the fruit in the Occitanie, 420 000 tons to be exact. It is the vineyard of the Southwest. Chasselas de Moissac AOC, with its light golden fruit, is one of the bestselling grapes. Reine-Claude Label Rouge is a unique variety of plum from the southwest with a firm, juicy, sun-drenched texture. The plum tree is in fact the oldest plant species cultivated for marketing. Tarn-et-Garonne also produces Quercy melons with their exceptional aroma and taste, Moissac cherries, Apples, Lomagne hazelnuts, Laguëpie chestnuts, saffron, white garlic from Lomagne, and duck specialties such as foie gras.

IRRESISTIBLE CHASSELAS OF MOISSAC



In 2017, Chasselas of Moissac has been recognized by France to be listed on National Inventory Cultural Heritage.

Twenty producers of the famous table grape Chasselas de Moissac AOC expressed a desire to share their passion. Passionate about their work, they welcome visitors into their farm to discover the fruit growing. Its delicious simplicity, the most daring cooks do wonders ...

Consecrated first "station Uvale" of France in the 1930s, Moissac continues the tradition of wellness treatments. Nowadays, you cannot only enjoy eating grape juices, but you can also relax in spas, steam, and saunas ... in this beautiful city.



www.chasselas-de-moissac.com



QUERCY LAVENDER

Formerly, the lavender of Quercy was recognized of specific quality. Hélène Lafon and Xavier Leplaideur continue the culture practice by their grandparents in Touffailles. They cultivate the officinal lavender in organic farming. They distil on site and apply the polyculture farming with their herd of flock of sheep of Lacaune. Come in June or July to see the flowering.

www.lavande-quercy.fr

LOVELY MARKETS



Weekly markets are expected reunions for locals and tourists, and take place in the heart of our towns and villages. Dawdle through medieval towns and villages, in front of stalls laden with local producers, soaking up local atmosphere and its warm welcome. In the Tarn-et-Garonne, the markets are colourful and clamorous... just like its inhabitants!

With a lot of emblematic product, the Tarn-et-Garonne presents a tasty and delicate diversity, the workers have a lot of choice to create some specialities from those treasures.

Cakes

Taste the four specialities homemade for all desires.

The gâteau d'Oc : from Moissac, with almond paste and creamy in Chasselas grape.

The Montalbane : from Montauban, sweet cake with candied fruits and brioche scatted of sugar.

The Macaron of Lauzerte: Favorite cakes of Raymond IV, former count of Toulouse, with authentic flavour of almond.

The Rasquil: brioche cake with natural lemon zest made in Saint-Nicolas-de-la-Grave.



Chocolates

You can also try some chocolate 3 creations made for chocolate lovers!

The Grain doré: creation from 1954 with dark chocolate, Chasselas seed and a little bit of Armagnac.

The Boulets of Montauban: named after the famous battle against the king of France. It's a hazelnut coated by chocolate.

The Bonbons Flingueurs: tasty roast hazelnuts with crispy coated of acacia gum and milk chocolate.



Beverages

After having tested all these cakes and chocolates, what better than to quench your thirst with home-made drinks?!

Start with the beer Oc'ale made in Lafrançaise, lager, amber or dark. There is one for every taste.

Then the Quercy des îles, this aperitif made with Chasselas juice, rum, vanilla and pimento of Espelette.

Finally Bows, some unique spirituous: Vodka, Rum, Gin all made in Montauban



Possessing 6 appellations the Tarn-et-Garonne produces wines where one can taste the influence and earthiness of the rich soil that nourished the grapes.



PDO Fronton

Cultivated on the terraces of the left bank of the Tarn, these wines are characterised by their main grape variety, the Négrette, which produces reds with scents of black fruits, cassis or blackberries, flowers and spices. The rosés are fruity and soft with good aromatic intensity. To qualify for PDO certification, the blend must contain at least 40% Négrette.

> Wines : red and rosé

www.vins-fronton.com



PDO Saint-Sardos

The history of this wine is linked to the Cistercian Abbey of Grandselve. The production area spans the valleys bordering the left bank of the Garonne and includes about fifty winemakers who are members of the cooperative cellar of Saint-Sardos, alongside an independent winemaker and they cultivate 165 hectares. The main grape variety is Syrah, with spicy notes, combined with Tannat, for its character and fruitiness. Cabernet Franc and Merlot complete this blend.

> Wines : red and rosé

www.saint-sardos.blogspot.fr

PDO Brulhois

Thanks must be given to our English friends who, since the nineteenth century, have recognised the quality of this wine and exported it home. Connoisseurs have known of this rare wine for a long time, but it wasn't until 2011 that the Brulhois Winemakers obtained PDO certification for their production. The "Black Wine" is quintessential of Brulhois. Sommeliers agree that the wine is known for its complexity of aromas, which blend with the spices, jammy black fruits, leather notes and fern.

> Wines : red and rosé

www.vigneronsdubulhois.com

Antocyâme wines

A new producer starts in La Salvetat Belmontet and created Antocyâme, new member of IGP Coteaux and Terrasses of Montauban. Muriel Zoldan has felt in love for this old farm and produces organic wines. Different grapevines are used, Chardonnay, Sauvignon for White wine, Cabernet franc, Syrah, Merlot, Tannat, Abourriou for red wine. This producer is also an artist and creates the tag and find original names by herself

www.instagram.com/antocyame/

New





Growing either organic or rational agricultural methods, the winegrowers of Tarn- et-Garonne respect the land, to the delight of lovers of authentic and natural produce.

Château Saint-Louis



PGI Lavilledieu

The little known vineyard of La Ville-Dieu-du-Temple is located upstream of the confluence of the Tarn and the Garonne, between Montauban and Castelsarrasin. It owes its strong character to a harmonious blend of varieties, which include Négrette, Cabernet Franc, Syrah, Tannat, Gamay and sometimes Fer and Milagranet. The PGI comprises three estates: The Peyrarols Estate in Bressols, the Gazania Estate in Labastide du Temple and the Chais de Mas-sougné Estate in Barry d'Isle-made

> Wines : red and rosé

www.vins82.fr

PDO Coteaux du Quercy

The denomination includes 18 towns surrounding Montpezat de Quercy and its collective.

The main varieties of the denomination are Cabernet Franc (40% to 60%), Merlot, Auxerrois, Tannat and Gamay. Their character and finesse perfectly complement the local cuisine. The Confrérie (brotherhood) des Vins of Coteaux du Quercy has over 1,000 members and ensures the promotion and protection of its wines.

> Wines : red and rosé

www.vins-coteaux-quercy.fr

The Hills and Terraces of Montauban PGI Comte Tolosan

Thanks to its different soils and exposures, the same denomination surrounding Montauban can produce different wines according to their origin. In addition, winemakers can play with several varieties: Syrah, Cabernet Franc, Tannat, Merlot, Gamay for reds and rosés, and Sauvignon and Chardonnay for whites.

> Wines: red, rosé, whit.

The vineyard of Fronton, in the heart of the Southwest

Since May 22, 2018 the territory of the AOP Fronton has been winning the label "Vignobles & Découvertes" guarantee of quality.

This vineyard of Fronton, is situated in two departments, the Tarn-et-Garonne and the Haute-Garonne, both engaged to promote the knowledge of those wine growers and the territory. They develop the wine tourism around this destination of international fame.

www.vins-fronton.com

New





CYCLE, along the Canal of the two seas.

This new asset of the South of France is an exceptional cycle route linking the two seas of the Atlantic and the Mediterranean, from Royan to Sète. You can pedal along for almost 700 kilometers beside the Canal de Garonne and the Canal du Midi; the latter is a World Heritage Site, to explore unforgettable landscapes and sites.

In Tarn-et-Garonne it starts by Valence d'Agen and continues by Moissac, and the spectacular Cacor canal bridge where the cycle path takes the tourists to the charming harbor of Castelsarrasin. Montauban can be reached by the Montech canal then, before going to Grisolles and arrive in the pink city of Toulouse.

www.canaldes2mersavelo.com



CYCLE, route of the Aveyron Valley and Gorges.



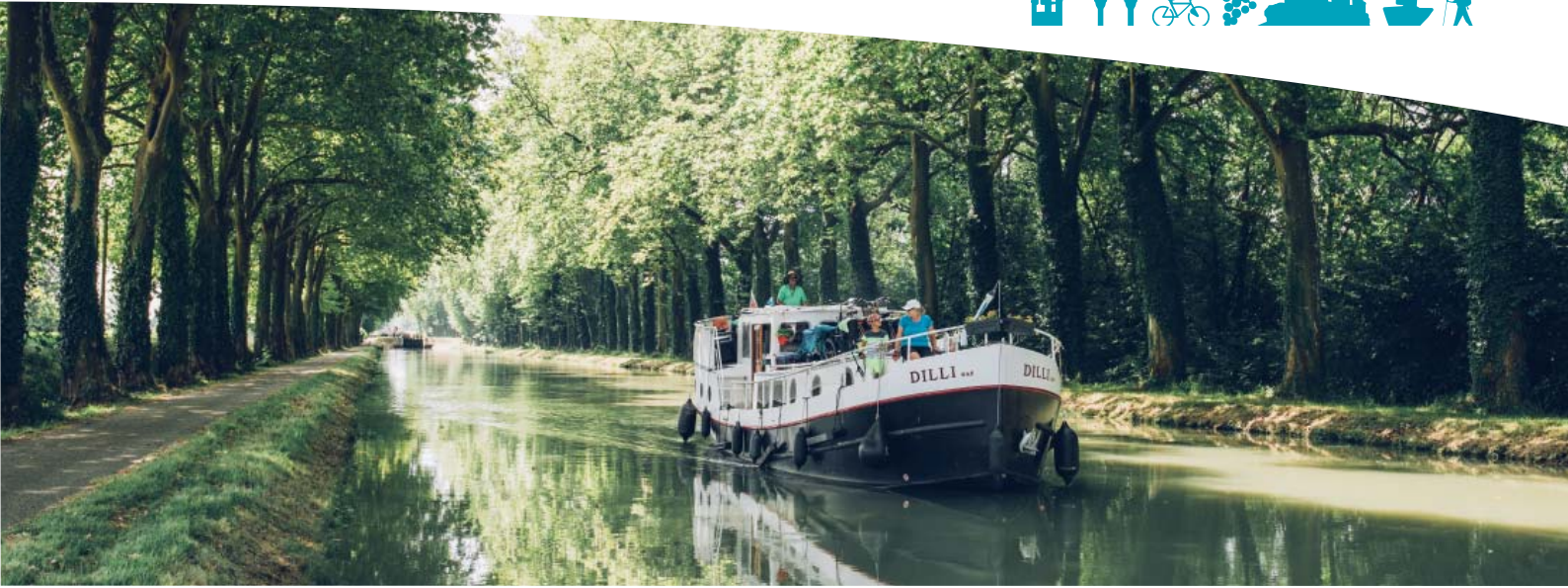
The Aveyron Valley and Gorges cycling route takes in low-traffic routes, with dedicated signposts, aimed at expert touring cyclists. The route is sometimes steep but it is worth breaking out a sweat for the views and finds. Across nearly 80 kilometres from Montauban to Laguépie, visitors can take in the Aveyron gorges and carry on their journey to the gates of Rouergue and Albigeois. First stop is Négrepelisse, where its exceptional medieval heritage has been restored. La Cuisine is a centre of art and design located in the old castle. Then, dotted along the route are beautiful places to stop: Bruniquel and its castles perched atop rocky outcrops overlooking the valleys of Aveyron and the Vère; Saint-Antonin-Noble-Val, perfect place to get lost in its medieval narrow streets; Varen and its magnificent deanery, and arrival in Laguépie, to enjoy a bath in the natural beach on the Viaur river.

NEW: Chez Gabriel

Gabriel Capo, is the chef of the restaurant "Chez Gabriel" and propose a traditional and gourmand cooking. This restaurant is a former lock house in Lacourt St-Pierre at the edge of the Canal of Montech, between Montech and Montauban. This place is green and peaceful, where chic industrial decoration and jazzy music are in perfect harmony.

<https://chez-gabriel-resto-guinguette.business.site/>





SAILING

To discover the Tarn-et-Garonne you have two different choices by boat. Be your own captain or let you go away on a luxury barge.

Rent a boat

and explore the beauties of Tarn-et-Garonne, along the Canal of the two seas.

Cruise in Tarn-et-Garonne with Le Boat from Castelsarrasin: glide along the canal of the two seas in your boat, a floating house, stopping off in charming small harbours in the heart of villages along the route. This slow, gentle canal journey in the heart of southwest France enables you to explore the area and its treasures, only interrupted by 33 locks and several odd quirks such as the canal bridge on the river Tarn or the Montech water slope, unique in the world. With cycles on board, don't miss the major sites around the canal.

www.leboat.co.uk

Boat ride

Start from the Canal harbour of Montauban, to discover the natural wonders on the riverbanks of Tarn and the Canal of Montech.

Relax and discover the pretty harbor of Moissac, through the locks, crossing the Cacor canal bridge overlooking the Tarn, the swing bridge, and all these infrastructures that reflect the expertise of another time...

Dream's cruise

The barges Rosa and Saint Louis propose gourmand luxury cruises for people from all over the world. Starting from Castelsarrasin the company "Le Boat", proposes some journey to discover this magical place and sailing in your own, and freely on the Canal de Garonne.





Peaceful walks along the canals or vertical descents in the gorges, hiking or strolling in the medieval villages, climbing and paragliding between summits or an introduction to caving... there is something here for everyone. Some will prefer Tarzan or Robin Hood style activities set among the treetop ropes, while others can choose an Indiana Jones' adventure where you can descend down the Aveyron Gorges by canoe. So don't miss out, experience the adventures!

Canoeing and kayaks

The east of Tarn-and-Garonne once belonged to the Aveyron and offers gorges hollowed out of the limestone at the foot of sheer cliffs, to the delight of intense sports fans! Canoeing-kayak is one of the most popular sports in this area: it takes 3 hours to navigate the 9 kilometres on the river Aveyron from Saint-Antonin to Cazals.

Hiking

To discover the Tarn-et-Garonne you have to raise your eyes to see the beauty and the greatness of the lands-

capas. Hundred of footpaths are available to appreciate the diversity of landscapes, flora and fauna. Every year, some new footpaths are created to discover new natural territories.

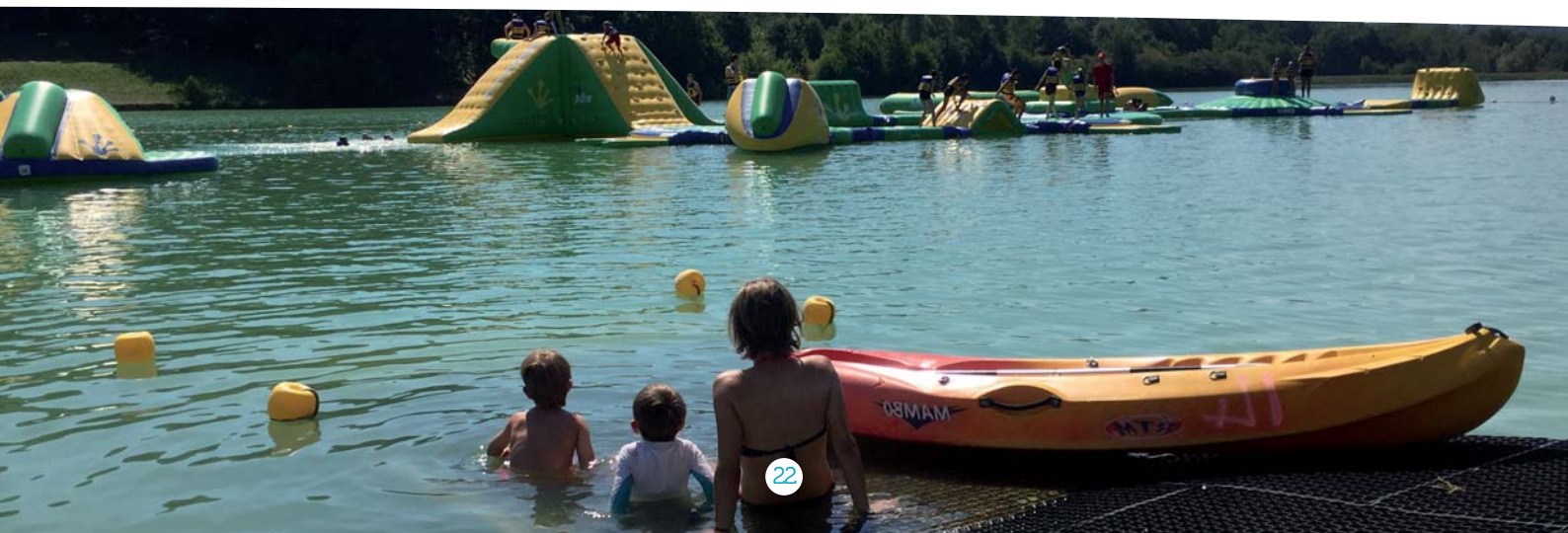
Golf

The golfs in Tarn-et-Garonne have both interest the levels of difficulties and the diversity of landscape between lacks and grove.

In Montauban, in the plains of the river Garonne, in the Coteaux of Quercy, from 9 to 18 holes, 4 golfs welcome the people from every levels: The golf of Montauban, the golf of the Roucoux, the golf of Espalais and the golf of the Aiguillons.

Blue Flag

Since 1985, the Blue flag represents a guarantee of ecological quality of water. Today, in Tarn-et-Garonne three areas have this recognition: Molières, Monclar-de-Quercy and the beach of Viaur in Laguëpie.



APRIL

EUROPEAN ARTISTIC CRAFTS DAYS in LAUZERTE

April 5th, 6th and 7th
www.quercy-sud-ouest.com

MAY

FÊTE DES METIERS D'ANTAN at the CONSERVATOIRE DES METIERS D'AUTREFOIS

Wednesday, May 1st
www.cc-deuxrives.fr

FESTIVAL GRAIN DE SEL in CASTELSARRASIN

May 17th to 19th
www.festivalgraindesel.com

THE NIGHT OF BELLEPERCHE ABBEY

May 18th
www.musee-arts-de-la-table.fr

WATER SPORT AND NATURE FEAST in SAINT-NICOLAS-DE-LA-GRAVE

May 19th
www.loisirs82.fr

JUNE

FESTIVAL DES VOIX, DES LIEUX... DES MONDES in MOISSAC

June 13th to 23rd
www.moissac-culture.fr

MONTAUBAN EN SCÈNES FESTIVAL

June 27th to July 7th
www.montauban-en-scenes.fr

JULY

HAT FESTIVAL in CAUSSADE

July 10th to the 15th
www.chapeau-caussade.fr

FESTIVAL BLEU TROMPETTE in MONTPEZAT-DE-QUERCY

July 17th to 20th
www.bleutrompette.fr

EL MEDIODIA FESTIVAL in CORBARIEU

July 18th to 21th
www.elmediodiadealeph.com

THE WHITE NIGHT in LAFRANÇAISE

Friday, July 19th
www.nuitblanchelafrancaise.fr

WHITE GARLIC FEAST in BEAUMONT-DE-LOMAGNE

Saturday, July 21th
tourisme.malomagne.com

FÊTE DU GOÛT ET DES SAVEURS in MONTAUBAN

Sunday, July 28th
www.latomeduramier.com

BRUNIQUEL CASTLES FESTIVAL

July 25th, 26th, 27th, 28th and
July 31th to August 4th
www.bruniqueloff.com

AUGUST

FESTI BIO in LAFRANÇAISE

Saturday, August 3rd
www.lafrancaise-tourisme.fr

WINE AND HERITAGE FEAST of SAINT-SARDOS

August 3rd and 4th
www.cave-saint-sardos.com

FESTIVAL OF PÈRE QUEPAS in MONTAIGU-DE-QUERCY

August 5th to 10th
<http://ajtduquercy.artblog.fr>

COTEAUX DU QUERCY WINES FEAST in CASTELNAU-MONTRATIER

Saturday, August 10th
www.vins-coteaux-quercy.fr

SAVEURS ET SENTEURS, FRONTON WINE FEAST in FRONTON

August 23rd to 25th
www.fronton-saveurs-senteurs.fr

SEPTEMBER

HARVEST FEAST of DOMAINE DE MONTELS in ALBIAS

Sunday September 1st
vignoblesromain.com

HONEY FEAST in GRAMONT

Sunday September 22nd
www.musee-du-miel.com

OCTOBER

CERAMIC MARKET in AUVILLAR

October 12th and 13th
www.cc-deuxrives.fr

HAZELNUT FEAST in LAVIT-DE-LOMAGNE

Sunday, October 13th
tourisme.malomagne.com

TRACTOMANIA in CAUSSADE

October 19th and 20th
www.tractomania.fr

CHESTNUT FAIR in LAGUEPIE

Sunday, October 27th
www.tourisme-tarnetgaronne.fr



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I will be happy to welcome you in Tarn-et-Garonne to live real adventures and make great press trips !

*So take your luggage...
...and come quickly !*



Informations

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www.tourisme-tarnetgaronne.fr/fr/espace-presse

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