

#TARN-ET-GARONNE
inattendu

Press Kit





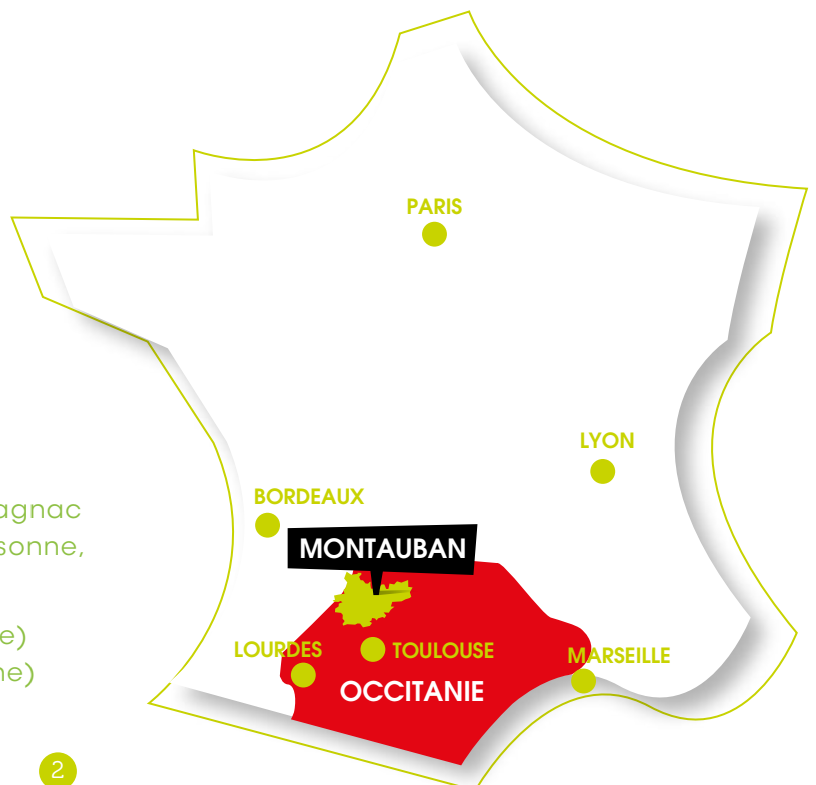
Thank!
you
Napoleon 1st

The Tarn-et-Garonne was born on November 21st, 1808, with territories taken from neighbouring departments, to make Montauban a prefecture, high place of political power. The emperor creates the youngest French department to satisfy the notable Montalbanians. Story has shaped a department with a great diversity of landscapes, offering a lot of possibilities massed in only one destination, rich of all these differences.

HOW TO GET THERE

✈ Plane: 35 minutes driving from Toulouse - Blagnac airport. Other airports: Agen, Carcassonne, Bordeaux, Périgueux.

🚆 Train: 3h50 from Paris by TGV (Bordeaux line)
5h30 from Paris (Limoges-Toulouse line)



Presentation

The Tarn-and-Garonne is in the heart of the Southwest, a land of orchards and breath taking nature. Come to discover the mix of cultural tourism and "slow tourism" leisure pursuits, the cloister of Moissac, Montauban but also the safe cycle path along the Canal of the two seas, the Aveyron Gorges and its stunning villages. Taste the fruits, vegetables, garlic and truffles, not to mention the wine, geese and ducks specialities such as delicious foie gras. Whether you are a family, a couple or just friends, each step takes you towards a discovery, a magical spot and a shared pleasure.



Summary

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ADT82 - LezBroz - teddy Verneuil - Bestjobers - Wildroad - découvrir ensemble- Elsa & Cyril - Pella Roca - Mathieu Mouillet - Espace Firmin Bouisset - CNRS Grotte de Bruniquel - Natura Zome - CD82 - JMCoulon - Compagnie Fluviale du Midi - Ostalas - Pierre Soissons - Jérôme Morel

MUST HAVE EXPERIENCES in Tarn-et-Garonne



1 Live a sacred moment in Moissac cloister

The cloister of Moissac is a masterpiece of Romanesque architecture with 76 capitals sculpted in a special atmosphere.



2 Descent of the Aveyron Gorges in canoe

The descent of the Aveyron Gorges is punctuated with natural beaches, rapids and cliffs in a magical scenery with hidden treasures.



5 Ride under the autumn leaves along the canal of the two seas

The cycle path of the Canal of the two seas is built on the old tow-path, bordered with plane trees and offers a wonderful spectacle of colours during each season.



3 Choose your straw hat in Caussade

This town hides two great hat factories and one hat blocker in a workshop.



4 Get a breath of fresh air perched at 300 feet above the river Aveyron

The castles of Bruniquel are built at the edge of the cliff and offer a breath-taking view on the Aveyron gorges and its wild nature.



6 *Taste your first bunches of Chasselas de Moissac grapes in the hills of Quercy*

From September bunches of Chasselas grapes are ready to be harvest. The producers welcome the visitors for visiting and tasting in the middle of the vineyards.



8 *Observe the migratory birds in Saint-Nicolas-de-la-Grave*

The confluence of Saint-Nicolas-de-la-Grave is a ornithological reserve, the most important in the southwest and unique in Europe, famous for the diversity of species who live there.



10 *Taste the best locals wines*

Taste it at the restaurants or directly at the producers farms. The Tarn-et-Garonne counts 6 designations of guaranty of the quality of all the different wines. Independent wine producers, organic production, wine cellar, taste it all.



7 *Take a french breakfast in the place nationale of Montauban*

This square is the heart of the town, a treasure of architecture built in pink bricks, with double line of arcades.



9 *Go to the market in Saint-Antonin-Noble-Val*

On sunday mornings go to one of the most famous market in the region. Taste the local flavours and meet some local producers in the medieval alleys of this charming old city.

NATURAL AND HISTORICAL HERITAGE

Montauban and Moissac



MONTAUBAN

Welcome in the city of Ingres

Montauban, town of Art and History, nine centuries old, is wearing well. Built of pink brick, it offers treasures such as the 17th century Place Nationale with its splendid arcades and surrounding old streets, its luxury private mansions, the view on the former Bishop's Palace from the Pont-Vieux (old bridge). The town has managed to keep its identity whilst renovating its architectural heritage, witness of a rich and eventful history. Must to see : the Church of Saint-Jacques, the Ingres Bourdelle museum, the Notre-Dame cathedral, the sculptures by Antoine Bourdelle scattered around the town.

www.montauban-tourisme.com

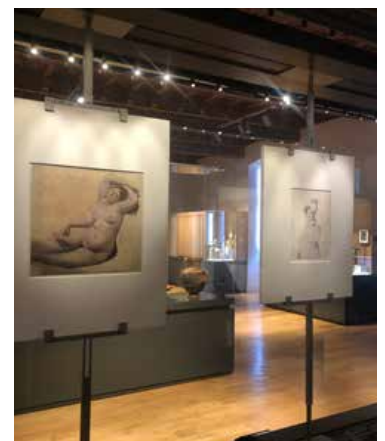


New Ingres Bourdelle museum

Reopened since December 2019 after 3 years of work.

In the former episcopal palace dating from the 17th century, the Ingres Bourdelle Museum houses works by two of Montauban's most famous sons, the painter Jean-Auguste-Dominique Ingres and the sculptor Antoine Bourdelle. The museum exhibits an important collection of paintings by Ingres, as well as over 4000 of his drawings, one of the museum's great assets. The Bourdelle collection also includes numerous sculptures by the master, such as the monumental sculpture of Hercules the Archer, a masterpiece by the artist showing Hercules performing one of the twelve labours.

<https://museeingresbourdelle.com>





MOISSAC

Stone. water and grape...



Moissac is one of the prides of the Tarn-et-Garonne. 30 km west of Montauban, this Mecca of Romanesque art in France is also a major fruit centre, bathed in the Tarn and the Canal of the two seas.

This city is indeed the home of the famous AOC Chasselas grapes, the first fresh fruit to benefit from AOC, and listed as French Cultural and Immaterial Heritage.

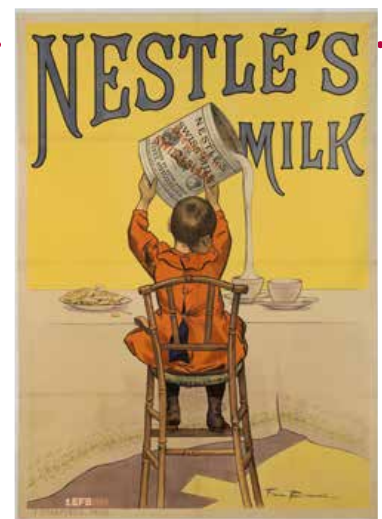
Moissac, active city, enjoys an international reputation due to the abbey church of Saint-Pierre and its cloister, listed as World Heritage Site by UNESCO.

Founded in the seventh century, the abbey of Moissac was for centuries a considerable influence. It was and still is a major step on the road to Saint-Jacques de Compostela. With a mesmerizing serenity, cloister dedicated to the Year 1100 deploys its four galleries decorated with 76 beautiful capitals, with bible stories

or leafs and nature sculpture. There is no other example in the world of cloisters, which has survived well in its entirety. The tympanum of the abbey is also among the masterpieces of Romanesque sculpture.

With a pretty marina, Moissac is also the starting point for walks along the Canal of the two seas, punctuated with locks and structures (see the impressive aqueduct 1847). Walking on the promenade along the water of the river Tarn is enchanting, between Napoleon bridge and the mill of Moissac (now a hotel), and the Uvarium. Surprising art deco building where we offered toning cures based of grape juice.

www.tourisme.moissac.fr



Advertising's brainchild

Firmin Bousset was born in Moissac in 1859 into a modest milling family. He revolutionised the art of advertising and transformed his advertising icons into household names. He is also the illustrator of the famous english book « One day in a baby's life ».

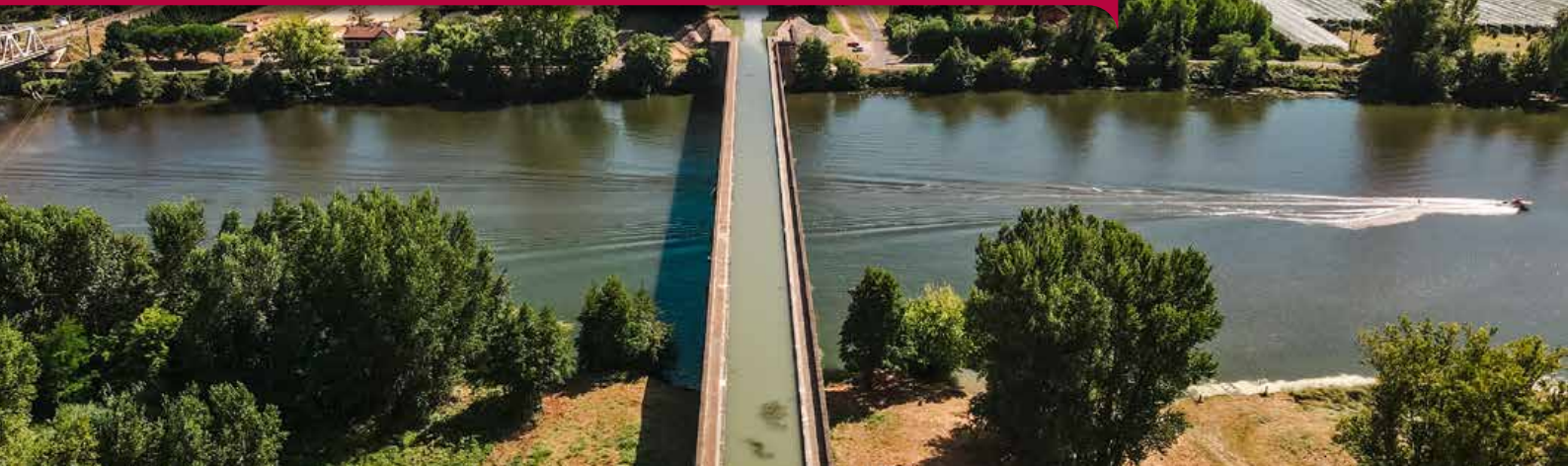
A space dedicated to Firmin Bousset will open in 2021 in Maison d'Espagne, Castelsarrasin.

espacefirminbousset.fr



NATURAL AND HISTORICAL HERITAGE

Canal of the two seas - The Aveyron Gorges



THE CANAL OF THE TWO SEAS

Sweet and bucolic journey throu the Southwest...



The biggest construction work of his time: the Canal du Midi. Created by Pierre-Paul Riquet, this work was stopped in Toulouse for lack of financing. At the nineteenth century, this construction was extending by the Canal de Garonne from Toulouse to Castets-en-Dorthe (near to Bordeaux). All of those structures constitute the Canal of the two seas, to the Mediterranean sea from the Atlantic ocean, is crossing the Tarn-et-Garonne. The success lies in the landscape, in the crossing cities as much as the means of transport: boat, bike, by foot.



Eco tourism in SAINT-NICOLAS- DE-LA-GRAVE

The confluence of Saint-Nicolas-de-la-Grave is a Natura 2000 area. This natural and protected place covers an area of 340 hectares. This spot is located at the confluence of the river Tarn and the river Garonne. The wedding between those two rivers creates a major place of ecological interest, where the nature is free to take its rights back. It is such a wonderful place for migratory birds too. It is a bird sanctuary, known for the diversity of bird species that frequent the small islands on the rivers, well seen from the bird observatory.

<http://www.loisirs82.fr/>



THE AVEYRON GORGES

The very nature of the Tarn-et-Garonne!

The Aveyron was born in the neighbouring department, but it's in the Tarn-et-Garonne that the river is at its most resplendent! The Aveyron gorges are a wonderful natural area with a remarkable variety of flora and fauna.

The Aveyron gorges is the perfect destination for nature lovers. Numerous footpaths enable you to explore and appreciate the remarkable views. Winding along the dizzying sides of the gorges, hollowed out of the

limestone slopes at the foot of the towering chalk plateau, these paths will delight those with a penchant for thrills. The Aveyron gorges nestle, within their towering cliffs, jewels of medieval villages such as Bruniquel, Saint-Antonin-Noble-Val, Caylus and Montricoux.... Canoeing is the principal outdoor activity during spring and summer. Cycling is great as well all year long. Medieval towns, design and art centre, gourmet restaurants, stunning landscapes, there is so much to explore in this land.

BRUNIQUEL

An exceptional scientific discovery

The oldest human construction was discovered in Bruniquel, build 176 500 years ago. It consists of two circles formed by nearly 400 pieces of stalagmites carefully cut, calibrated and erected over 368 ft.

This place could be a place of worship build by the Neanderthal's people. This discovery shatters our current knowledge of prehistory.

This site can't be visited but a lot of activities, for young and old alike, around the prehistory are proposed in Bruniquel. You can learn how to cut a flint, do archaeological study in encampment Palaeolithic reconstitute surrounded by nature.

In the castles of Bruniquel a room is dedicated to the discovery of Bruniquel, with an exhibition of fossils and other vestiges discovered in the area.



THE MOST BEAUTIFUL VILLAGES OF FRANCE



Get lost in their medieval streets and fall in love with these 3 jewels of Tarn-et-Garonne.



Auvillar

Overlooking the river Garonne, Auvillar is a picturesque halt for pilgrims. The village, famous in the 18th and 19th centuries for its pottery, is now renowned for its circular town hall dating from 1825, its clock tower and Saint Peter's church. This village is noteworthy for the architecture of the houses with their corbels, moldings and brackets.

<https://www.officedetourismedesdeuxrives.fr>

Bruniquel

This village is at the crossroads of the Quercy, the Rouergue and the Albigensian territory. It plunges you into its medieval past thanks to its ramparts, the twin castle ruins overhanging the River Aveyron and not forgetting the Maison Payrol, former residence of the Governors of Bruniquel and 12th century storeroom.

www.bruniquel.fr



Lauzerte

Not to be missed on the Pilgrims' Way, Lauzerte is perched on the top of a hill, surrounded by typical Quercy Blanc landscapes. Built in the twelfth century, numerous vestiges of the Middle Ages survived: the classified Romanesque chapel of Saint-Sernin du Bosc, the Place des Cornières with its arcades as well as medieval houses from 13th and 15th centuries.

www.quercy-sud-ouest.com

SAINT-ANTONIN-NOBLE-VAL

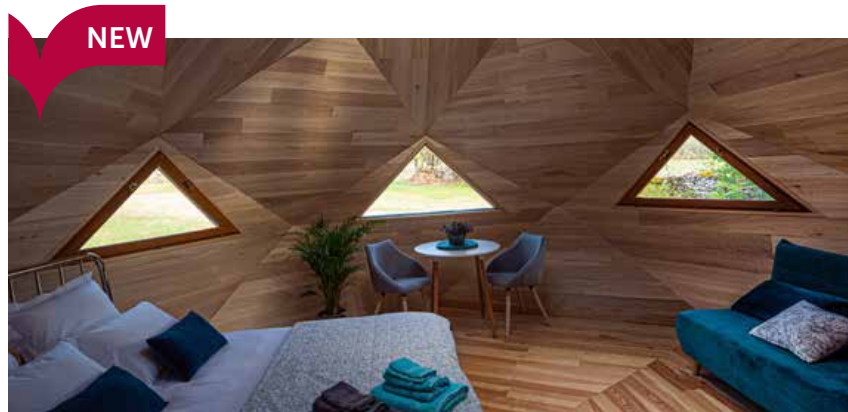
Under the Stars



Saint-Antonin-Noble-Val. Hollywood. famous film set.

2013 was an exciting year for the medieval village of Saint-Antonin-Noble-Val in the Aveyron Gorges. It was transformed into a movie set to shoot "The Hundred-Foot Journey" directed by Lasse Hallström with Helen Mirren, which was released worldwide in 2014. Now the public can join a special guided tour following in the footsteps of Hassan Haji, the young Indian with a special gift for cooking, who comes to live with his family in this peaceful little village. The tour features the producers market, the banks of the river Aveyron...

www.tourisme-saint-antonin-noble-val.com



NATURA ZOME

This new bed and breakfast in Caylus is an original, ecological and sustainable accommodation. You will stay in a magical place, close to nature, in the heart of the Aveyron Gorges.

<http://www.naturazome.com/>



Few kilometres away from Saint-Antonin, don't miss

Caylus

Setting on a hill, Caylus is formed around a castle. Caylus is at a crossroads between Bonette Valley and the Rouergue territory.

Active city in the middle Ages, Caylus retains rich houses of the thirteenth and sixteenth centuries, especially the house of wolves, built around 1350. Overlooking Caylus and these magnificent landscapes, drive up to the chapel of Our Lady of Graces in Lacapelle-Livron. Going down stop at the "cascade pétrifiante", petrifying waterfall, to see this natural jewel.



ABBEYS AND CASTLES



Tarn-et Garonne countryside hides a lot of treasures for lovers of donjon and fantastic stories. Famous abbeys such as Belleperche, Beaulieu-en-Rouergue and castles such as Gramont. But others need a visit: La Cuisine in Nègrepelisse, Larrazet, Bioule, Piquecos, Saint-Projet, Montricous, Bardigues and Goudourville.

Have a tea in BELLEPERCHE



In the middle Ages, Belleperche Abbey was one of the largest and richest monasteries in the Southwest of France. The unique exhibition « Earth and Tea » at the Museum of Table Art in the Cistercian Abbey of Belleperche is not to be missed. This exhibition displays the "Valfré collection", unique in Europe, it is a real aesthetic and cultural treasure, a collection of old ceramic masterpieces, mainly from China.

It is above all 246 stoneware pieces, mainly teapots from the city of Yixing. A ceramics city half way between Nanking and Shanghai, Yixing is the place where the teapot was invented at the beginning of the 16th century, when tea prepared by infusion finally replaced the decoction (pressing/ mashing) process that had been used for centuries. Yixing teapots, with their many nuances of red, violet, purple, brown, yellow or black, have been appreciated and sought after in China for five centuries. What was once a collector's item and curiosity reserved for princes has once again become a daily object, and rightly so; Yixing stoneware is the perfect material for preparing tea in the best conditions to express the aromas and flavours.



www.belleperche.fr

Costumes over time in GRAMONT CASTLE !



In 2021, the Château de Gramont will host the exhibition «Ruffs and Farthingales» which will look at Renaissance fashion on screen.

The exhibition will take you on a journey through the history of fashion with its display of costumes created for the big screen. It will also express the link between Cinema and History.

The presentation will include an educational chronology of the evolution of fashion from the end of the 14th century to the beginning of the 17th century. It will help the public learn how dressmakers of the Renaissance, just like the painters and sculptors of the time, designed and modelled the human body using embellishments and the treasures of the era: brocade, velvet, silk, lace, jewellery, etc. Visitors will also learn about the profession of costume designer. Information about the specific features of the clothing, hidden symbols and many unusual and surprising anecdotes will highlight the interpretation of storylines and the fashion of the Renaissance.

www.chateau-gramont.fr



Tarn-et-Garonne is called « the orchard of the South-West ». It doesn't only have fruit trees but also magnificent gardens, private or public, people can visit its all year long and see the evolution of nature.

Jardin des Plantes of Montauban

This park of 3 hectares surrounded by the Tescou river is a green paradise in the town centre of Montauban. It was created in 1861 and counts amazing trees such as a giant Sequoia, « l'Arbre aux 40 écus », the silver lime tree, the cedar of Libanon, Virginia's tulip, white mulberry, Cephalotaxus from China...

A part of the Jardin des Plantes is property of the Osage tribe, American Indians who were welcomed in Montauban in 1827 and who could return to their country thanks to the generosity of people of Montauban. Since 1989 the association Oklaoma - Occitania organize cultural exchanges every year to remember this special link between our people.

The Pilgrim's garden of Lauzerte

Located at the foot of the old ramparts, on the old barbican, the garden is remarkable both for its geographical orientation (vantage point), and the architectural remains. Photographs, poetry, a giant goose game and special plants can be seen walking in the garden. This garden traces the pilgrimage of Santiago of Compostela and the adventures of pilgrims on their way to Spain. Visitors will find trees and flowers from all the way from Lauzerte to Compostella. Free access throughout the year.

OTHER GARDENS

The exotic greenhouse of Gazania

Enter this original exotic greenhouse in a farm of Labastide du Temple, where wines and fruits are made with love by the Colombié family. Inside follow the water maze and the tropical plants to discover colourful flowers and parrots, and listen to the bird songs. It is a magical experience where you will see birds of paradise, hypnotic flowers living close to fountains and ponds making you feel like you walk through a lush forest.

www.domainedugazania.fr

Quercy gardens



These gardens are located in Verfeil sur Seye. The Gardens of Quercy extend on more than one hectare, unveiling a reconstitution of green spaces of English garden inspiration. Classified Remarkable Garden, they reveal landscapes suitable for strolling and relaxing. On a gently sloping hill, several types of gardens follow one another with elegance, revealing several themes: white garden, vegetable amphitheater, undergrowth, formal garden, Indian garden, or labyrinth.

www.lesjardinsdequercy.fr

The Laroque garden in Escatalens



Created twenty years ago, the garden of Laroque covers nearly 2 hectares. Originally, his vocation was essentially nurturing. It has since become an ornamental garden. The presence of numerous natural sources has allowed the creation of streams and ponds, all complemented by aquatic plants. The size of trees, conifers and shrubs, in different forms (topiary) gives it a special charm. The design is strongly inspired by Feng Shui.

www.lejardindelaroque.com

A famous tree : the oak tree of Merles !

This majestic oak tree is more than 400 years old, and called after the king Henri IV. A legend tell about a stop made by the king of Navarre to drink water from a fountain very close from the oak tree in 1579.



ARTS AND CRAFTS

The brooms of Grisolles - The hat of Caussade



The brooms of Grisolles

During more than a century, Grisolles was the Europe capital of the broom.

The industry of the nineteenth century enables the fertility of the plains of river Garonne. It's a revolution that transforms a coarse utensil of straw in a tool aesthetic and usual with strong wooden handle, different straw, wire for tie, conical shape flattened, and all keeping by a pretty cord of colour. This is a 100% Occitan's broom. Before the First World War, the canton counts more than 20 workshops and around 400 workers in Grisolles.

Jean Marc Coulom, the last broom maker of Grisolles :

He is the inheritor of a handmade knowledge in danger. Always passionate, Jean Marc insures this old tradition. You need to be patient to make a broom and some raw material of quality: beautiful straw of Sorgho, wooden handle of pin of Landes, reed of Camargue, plasticised hemp yarn and a little bit of red paint on the apple and at the end of the handle: emblem of the workshop. His creation are a mixed of art, old knowledge and usual product.

<https://balaispaillecoulom.com>



CALBET MUSEUM

The Calbet museum was created in 1938 by writer and poet Théodore Calbet Occitan, the museum of arts and popular traditions of Grisolles has a set of collections related to different aspects of regional daily life from prehistory to the present. A room is dedicated to the broom production of the city and its story. Since 2002, the museum opened its Calbet spaces to contemporary Art, inviting exhibition and residency, artists revisiting the concepts of heritage, community and territory. An original encounter that makes this museum a place of unusual dialogue between the ancient heritage and artistic creation ...

www.musees-midi-pyrenees.fr/musees/musee-calbet





Wear a real "Canotier" in CAUSSADE

Caussade is known worldwide for its hat factories and the truffle market. In the XIX century, Caussade made straw hats for French actors, such as Maurice Chevalier, and rich ladies of Paris. Today, the hat festival in July invites artists and designers of hats from the all world to present their best creations at the art show. Since 2015, Caussade has also its kind of Hat Museum, "L'Épopée chapelière". This original space, dedicated to the hat history of Caussade, allow visitors to discover the creation and history of hat factories in Caussade, wearing a real canotier.



Didier Laforest, hat blocker

Didier creates, with great skill, the wooden form, which will be used to create hats. It's listed on UNESCO's list of 'Rare and Exceptional Crafts'. It is also hugely important that the skill is preserved, as it is integral to the fashion industry and France's international millinery influence. In Caussade, Didier welcomes you in his workshop, shop and showroom. A magical place embodying the very spirit of wood, felt and straw in premises, planned, designed and managed by Didier himself.

82300 Caussade

www.hatsblock.com

GASTRONOMY



THE ORCHARD OF THE SOUTHWEST

The Tarn-et-Garonne, with its microclimate and rich soil, produces 80% of the fruit in the Occitanie, 420 000 tons to be exact. It is the vineyard of the Southwest. Chasselas de Moissac AOC, with its light golden fruit, is one of the bestselling grapes. Reine-Claude Label Rouge is a unique variety of plum from the southwest with a firm, juicy, sun-drenched texture. The plum tree is in fact the oldest plant species cultivated for marketing. Tarn-et-Garonne also produces Quercy melons with their exceptional aroma and taste, Moissac cherries, Apples, Lomagne hazelnuts, Laguéprie chestnuts, saffron, white garlic from Lomagne, and duck specialities such as foie gras.

Irresistible CHASSELAS OF MOISSAC



In 2017, Chasselas of Moissac has been recognized by France to be listed on National Inventory Cultural Heritage.

Twenty producers of the famous table grape Chasselas de Moissac AOC expressed a desire to share their passion. Passionate about their work, they welcome visitors into their farm to discover the fruit growing. Its delicious simplicity, the most daring cooks do wonders ...

Consecrated first "station Uvale" of France in the 1930s, Moissac continues the tradition of wellness treatments. Nowadays, you cannot only enjoy eating grape juices, but you can also relax in spas, steam, and saunas ... in this beautiful city.

www.chasselas-de-moissac.com



Lovely MARKETS

Weekly markets are expected reunions for locals and tourists, and take place in the heart of our towns and villages. Dawdle through medieval towns and villages, in front of stalls laden with local producers, soaking up local atmosphere and its warm welcome. In the Tarn-et-Garonne, the markets are colourful and clamorous... just like its inhabitants!

With a lot of emblematic products, the Tarn-et-Garonne presents a tasty and delicate diversity, the workers have a lot of choices to create some specialities from those treasures.



Cakes

Taste the four specialities homemade for all desires.

The gâteau d'Oc : from Moissac, with almond paste and creamy in Chasselas grape.

The Montalbane : from Montauban, sweet cake with candied fruits and brioche scatted of sugar.

The Macaron of Lauzerte: Favorite cakes of Raymond IV, former count of Toulouse, with authentic flavour of almond.

The Rasquil: brioche cake with natural lemon zest made in Saint-Nicolas-de-la-Grave.



Chocolates

You can also try some chocolate, 3 creations made for chocolate lovers!

The Grain doré: creation from 1954 with dark chocolate, Chasselas seed and a little bit of Armagnac.

The Boulets of Montauban: named after the famous battle against the king of France. It's a hazelnut coated by chocolate.

The Bonbons Flingueurs: tasty roast hazelnuts with crispy coated of acacia gum and milk chocolate.

Beverages

After having tested all these cakes and chocolates, what better than to quench your thirst with homemade drinks?!

Start with the beer Oc'ale made in Lafrançaise, lager, amber or dark. There is one for every taste.

Then the Quercy des îles, this aperitif made with Chasselas juice, rum, vanilla and pimento of Espelette.

Finally Bows, some unique spirituous: Vodka, Rum, Gin all made in Montauban



WINES

Possessing 6 appellations the Tarn-et-Garonne produces wines where one can taste the influence and earthiness of the rich soil that nourished the grapes.



PDO Fronton

Cultivated on the terraces of the left bank of the Tarn, these wines are characterised by their main grape variety, the Négrette, which produces reds with scents of black fruits, cassis or blackberries, flowers and spices. The rosés are fruity and soft with good aromatic intensity. To qualify for PDO certification, the blend must contain at least 40% Négrette.

> Wines : red and rosé

www.vins-fronton.com



PDO Saint-Sardos

The history of this wine is linked to the Cistercian Abbey of Grandselve. The production area spans the valleys bordering the left bank of the Garonne and includes about fifty winemakers who are members of the cooperative cellar of Saint-Sardos, alongside an independent winemaker and they cultivate 165 hectares. The main grape variety is Syrah, with spicy notes, combined with Tannat, for its character and fruitiness. Cabernet Franc and Merlot complete this blend.

> Wines : red and rosé

www.cave-saint-sardos.com



PDO Brulhois

Thanks must be given to our English friends who, since the nineteenth century, have recognised the quality of this wine and exported it home. Connoisseurs have known of this rare wine for a long time, but it wasn't until 2011 that the Brulhois Winemakers obtained PDO certification for their production. The "Black Wine" is quintessential of Brulhois. Sommeliers agree that the wine is known for its complexity of aromas, which blend with the spices, jammy black fruits, leather notes and fern.

> Wines : red and rosé

www.vigneronsdubrulhois.com

Château Baudare

When he met Clare, the mother of his four children, David Vigouroux opened his heart and his market... towards England.

The fifth generation of his family at the Château Baudare, David Vigouroux, often elected "Best Winegrower/maker of the Frontonnais", produces a wide range of elegant, honest and delicious wines, with a special mention for his «vieilles vignes»: wine from old vines. Yummy !

www.vins-de-fronton.com



Growing either organic or rational agricultural methods, the winegrowers of Tarn- et-Garonne respect the land, to the delight of lovers of authentic and natural produce.



PGI Lavilledieu

The little known vineyard of La Ville-Dieu-du-Temple is located upstream of the confluence of the Tarn and the Garonne, between Montauban and Castelsarrasin. It owes its strong character to a harmonious blend of varieties, which include Négrette, Cabernet Franc, Syrah, Tannat, Gamay and sometimes Fer and Milagranet. The PGI comprises three estates: The Peyrarols Estate in Bressols, the Gazania Estate in Labastide du Temple and the Chais de Massougné Estate in Barry d'Islemade

> **Vins : rouge et rosé**

www.vins82.fr

PDO Coteaux du Quercy

The denomination includes 18 towns surrounding Montpezat de Quercy and its collective.

The main varieties of the denomination are Cabernet Franc (40% to 60%), Merlot, Auxerrois, Tannat and Gamay. Their character and finesse perfectly complement the local cuisine. The Confrérie (brotherhood) des Vins of Coteaux du Quercy has over 1,000 members and ensures the promotion and protection of its wines.

> **Vins : rouge et rosé**

www.vins-coteaux-quercy.fr



The Hills and Terraces of Montauban PGI Comte Tolosan

Thanks to its different soils and exposures, the same denomination surrounding Montauban can produce different wines according to their origin. In addition, winemakers can play with several varieties: Syrah, Cabernet Franc, Tannat, Merlot, Gamay for reds and rosés, and Sauvignon and Chardonnay for whites.

> **Wines: red, rosé, whit.**

Randoland: walk in the vineyard with the all family !

Discover two vineyards of Coteaux du Quercy with two funny adventure for kids, in Vaissac and in Puylaroque.

Enigmas, games, kids can follow the badger Mr Rando and they will know all about wine in the Quercy landscapes.



CYCLING & SAILING



DE L'ATLANTIQUE À LA MÉDITERRANÉE

CYCLE, along the Canal of the two seas.

This new asset of the South of France is an exceptional cycle route linking the two seas of the Atlantic and the Mediterranean, from Royan to Sète. You can pedal along for almost 700 kilometers beside the Canal de Garonne and the Canal du Midi; the latter is a World Heritage Site, to explore unforgettable landscapes and sites.

In Tarn-et-Garonne it starts by Valence d'Agen and continues by Moissac, and the spectacular Cacor canal bridge where the cycle path takes the tourists to the charming harbor of Castelsarrasin. Montauban can be reached by the Montech canal then, before going to Grisolles and arriving in the pink city of Toulouse.

www.canaldes2mersavelo.com

CYCLE, route of the Aveyron Valley and Gorges.



The Aveyron Valley and Gorges cycling route takes in low-traffic routes, with dedicated signposts, aimed at expert touring cyclists. The route is sometimes steep but it is worth breaking out a sweat for the views and finds. Across nearly 80 kilometres from Montauban to Laguëpie, visitors can take in the Aveyron gorges and carry on their journey to the gates of Rouergue and Albigeois. First stop is Nègrepelisse, where its exceptional medieval heritage has been restored. La Cuisine is a centre of art and design located in the old castle. Then, dotted along the route are beautiful places to stop: Bruniquel and its castles perched atop rocky outcrops overlooking the valleys of Aveyron and the Vère; Saint-Antonin-Noble-Val, perfect place to get lost in its medieval narrow streets; Varen and its magnificent deanery, and arrival in Laguëpie, to enjoy a bath in the natural beach on the Viaur river.

THE MONTECH WATER SLOPE



la pente
d'eau de
Montech

In the summer of 2020, a tourist site in Montech will open its doors as part of a project to upgrade the town's water slope. It will showcase a unique heritage focussed on river tourism and its industrial treasures along the Canal des Deux Mers. The water slope's engine will be restored and put back into operation. A barge will complete the visitor tour and will also host exhibitions. The courtyard of the former paper mill will accommodate the tourist office of Grand Sud Tarn-et-Garonne. It will be transformed with a landscaped car park and an open-air theatre to provide a dynamic platform for this contemporary and modern space.

www.pentedeaudemontech.fr/





SAILING

To discover the Tarn-et-Garonne you have two different choices by boat. Be your own captain or let you go away on a luxury barge.

Rent a boat

and explore the beauties of Tarn-et-Garonne, along the Canal of the two seas.

Cruise in Tarn-et-Garonne with Le Boat from Castelsarasin: glide along the canal of the two seas in your boat, a floating house, stopping off in charming small harbours in the heart of villages along the route. This slow, gentle canal journey in the heart of southwest France enables you to explore the area and its treasures, only interrupted by 33 locks and several odd quirks such as the canal bridge on the river Tarn or the Montech water slope, unique in the world. With cycles on board, don't miss the major sites around the canal.

www.leboat.co.uk

Boat ride

Start from the Canal harbour of Montauban, to discover the natural wonders on the riverbanks of Tarn and the Canal of Montech.

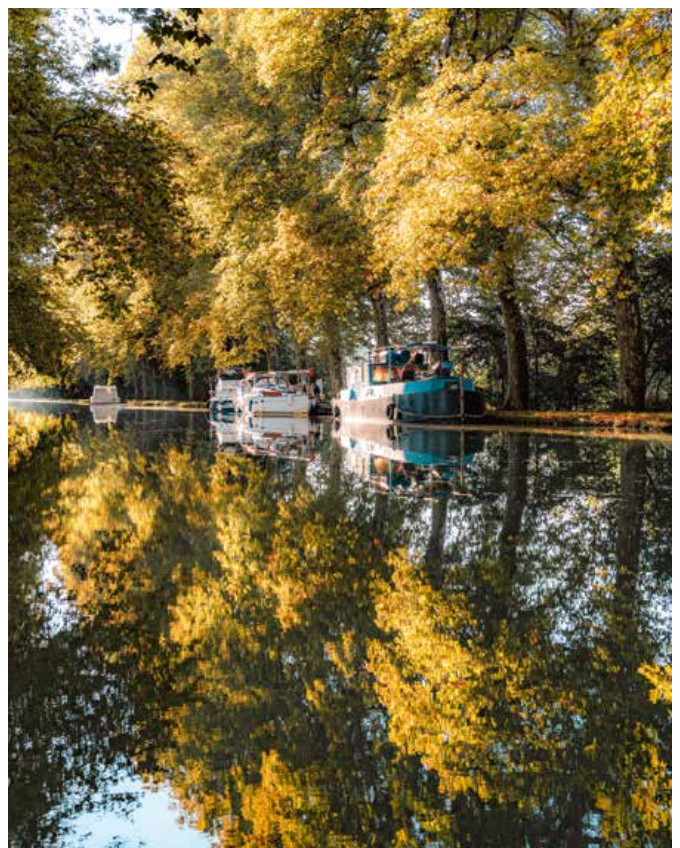
Relax and discover the pretty harbor of Moissac, through the locks, crossing the Cacor canal bridge overlooking the Tarn, the swing bridge, and all these infrastructures that reflect the expertise of another time...

NEW

The Compagnie Fluviale du Midi

From April 1, discover different cruises from Montauban harbor with two ships: the barge Hotel "Gaïa" and the Vedette "Olympe". Walks, lunch cruises, mixboat parties, dockside cabins in houseboats, cruises for a weekend or a week...geot on board to sail on the Canal of Montech

<http://compagniefluviale.com>



LEISURE ACTIVITIES



Peaceful walks along the canals or vertical descents in the gorges, hiking or strolling in the medieval villages, climbing and paragliding between summits or an introduction to caving... there is something here for everyone. Some will prefer Tarzan or Robin Hood style activities set among the treetop ropes, while others can choose an Indiana Jones' adventure where you can descend down the Aveyron Gorges by canoe. So don't miss out, experience the adventures!

Canoeing and kayaks

The east of Tarn-and-Garonne once belonged to the Aveyron and offers gorges hollowed out of the limestone at the foot of sheer cliffs, to the delight of intense sports fans! Canoeing-kayak is one of the most popular sports in this area: it takes 3 hours to navigate the 9 kilometres on the river Aveyron from Saint-Antonin to Cazals.

Hiking

To discover the Tarn-et-Garonne you have to raise your eyes to see the beauty and the greatness of the landscapes. Hundred of footpaths are available to appreciate

the diversity of landscapes, flora and fauna. Every year, some new footpaths are created to discover new natural territories.

Golf

The golfs in Tarn-et-Garonne have both interest the levels of difficulties and the diversity of landscape between lacks and grove.

In Montauban, in the plains of the river Garonne, in the Coteaux of Quercy, from 9 to 18 holes, 4 golfs welcome the people from every levels: The golf of Montauban, the golf of the Roucou, the golf of Espalais and the golf of the Aiguillons.

Blue Flag

Since 1985, the Blue flag is a guarantee of ecological quality of water. Today, in Tarn-et-Garonne three areas have this recognition: Molières, Monclar-de-Quercy and the beach of Viaur in Laguëpie.



SANTIAGO OF COMPOSTELA

2021 is a Holy Compostellan year. A lot of pilgrims is expected on the path, and a lot of entertainment will be organize in the stops.

During your stroll or during a week of hiking, you will experience how the pilgrims of Santiago de Compostela felt, with a stop at Lauzerte in Quercy Blanc, which perched atop its rocky peak, proudly dominates the surrounding valleys, then stopping at Moissac, and its magnificent Saint-Pierre Abbey, and finally stopping at Auvillar rated as one of France's Most Beautiful Villages.



NEW

L'OSTALAS

A charming eco-responsible estate.

A former stately home that later became an organic fruit farm, the Domaine de l'Ostalas has been completely redesigned around an eco-responsible approach, to be a hotel. It is in the heart of their 6 hectare estate between orchards and forests that the owners welcome you with open arms in this green setting where the key word is better living.

www.domaine-lostalas.com/

NEW

HAPPY HAMLET

The Happy Hamlet is a unique location on the sunny southwestern French countryside. A special hideaway ideal for various important occasions, private or business. Let us help you make dreams come true and create memories that will last for a lifetime.

<https://thehappyhamlet.com/fr/>



IBBEO COSMETICS

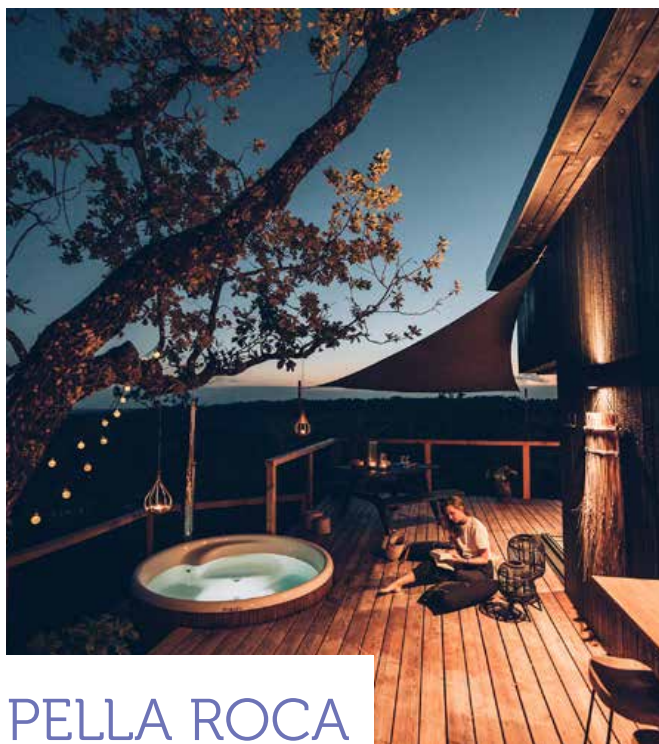
These cosmetics are produced in Montauban, from the gardens of the owners and herbs or flowers from Occitanie region. Natural soap, organic skin care...discover this amazing family.

<https://www.ibbeo-cosmetiques.fr>

QUERCY LAVENDER

Formerly, the lavender of Quercy was recognized of specific quality. Hélène Lafon and Xavier Leplaideur continue the culture practice by their grandparents in Touffailles. They cultivate the officinal lavender in organic farming. They distil on site and apply the poly-culture farming with their herd of flock of sheep of Lacaune. Come in June or July to see the flowering.

www.lavande-quercy.fr



PELLA ROCA

A new way to see holidays. In the heart of a Truffle field, these huts, in magnificent trees, are as luxury and comfortable as you can expect! Design furniture and decoration, spa, terrasse... the perfect choice for romantic stay or family holidays.

www.pella-roca.com





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#TARN-ET-GARONNE *inattendu*

I will be happy to welcome you in Tarn-et-Garonne to
live real adventures and make great press trips !
So take your luggage...

...and come quickly in **Tarn-et-Garonne !**

Find the news and press releases on our press site:

www.tourisme-tarnetgaronne.fr/fr/espace-presse



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