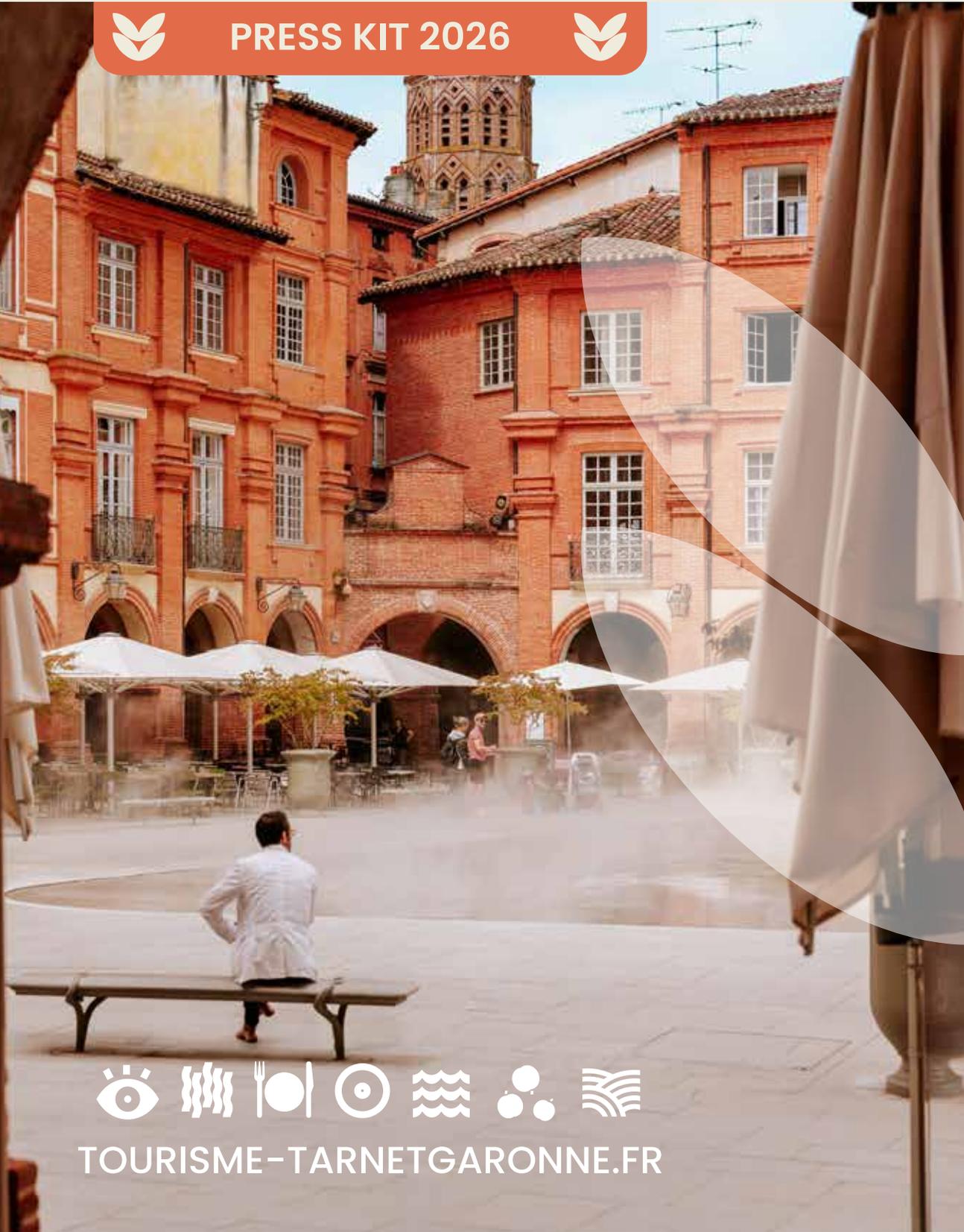


Tarn & Garonne

OÙ LA VIE RÉSONNE !



PRESS KIT 2026



TOURISME-TARNETGARONNE.FR

Welcome in Tarn-et-Garonne!

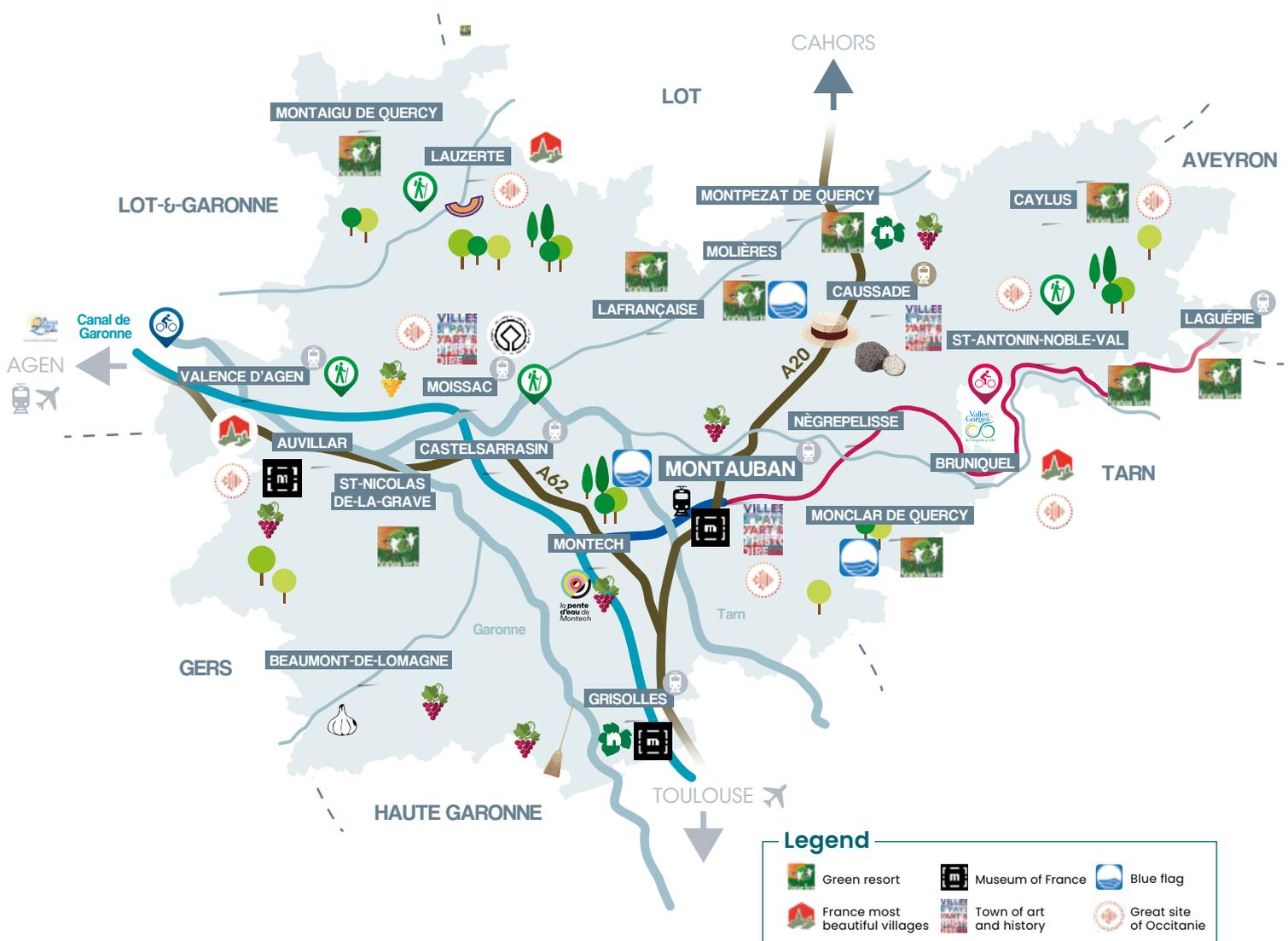
Nestled in the heart of South-West France, Tarn-et-Garonne embodies the quintessential *douce France* so cherished by France lovers: sun-drenched landscapes, unspoilt countryside and a refined yet understated art of living. This rural destination, easily reached from Toulouse, offers a gentle pace of life shaped by vineyards, orchards and rolling hills.

Gastronomy lies at its soul, from vibrant local markets to celebrated specialties such as the Chasselas de Moissac, a unique table grape awarded Protected Designation of Origin status. Wine lovers will enjoy discovering discreet appellations and family-run estates, where tastings are as convivial as they are authentic.

History reveals itself in perfectly preserved medieval villages and outstanding heritage sites, most notably the Romanesque cloister of Moissac, a UNESCO World Heritage treasure. Montauban, with its pink-brick architecture, elegant squares and the Ingres Museum, adds a cultural and artistic dimension to the journey.

Charming villages punctuate the landscape, each with its own character: Auvillar, perched above the Garonne, Bruniquel, dramatically set beneath its twin castles; Lauzerte, a pilgrim stop on the Way of St James; and Saint-Antonin-Noble-Val, a heaven for artists and outdoor lovers nestled in the Aveyron gorges.

For outdoor enthusiasts, Tarn-et-Garonne offers walking and cycling routes through peaceful valleys, along canals and across limestone plateaux, ideal for slow, immersive exploration. A destination of countryside chic and timeless charm, it invites visitors to experience France at its most genuine and gracious.



Sommaire

MUST HAVE
EXPERIENCES **4-5**



CITY TRIPS **6-7**



VILLAGES, ABBEYS
& CASTLES **8-9**



MUSEUMS **10-11**



ART
AND CRAFTS **12-13**



GASTRONOMY **14-15**

WINES **16-17**



RESPONSIBLE
TOURISME **18-21**



NEW PLACES
TO STAY **22-23**



Must have experiences

in Tarn-et-Garonne



Live a sacred moment in Moissac cloister

The cloister of Moissac is a masterpiece of Romanesque architecture with 76 capitals sculpted in a special atmosphere.



Choose your straw hat in Caussade

This town hides two great hat factories and one hat blocker in a workshop.



Get a breath of fresh air perched at 300 feet above the river Aveyron

The castles of Bruniquel are built at the edge of the cliff and offer a breathtaking view on the Aveyron gorges and its wild nature.



Visit Beaulieu-en-Rouergue Abbey

This Abbey, contemporary art center, is one of Tarn-et-Garonne most unmissable jewel.



Ride under the autumn leaves along the canal of the two Seas

The cycle path of the Canal of the Two Seas is built on the old tow-path, bordered with plane trees and offers a wonderful spectacle of colours during each season.



Taste your first bunches of Chasselas de Moissac grapes in the hills of Quercy

From September bunches of Chasselas grapes are ready to be harvest. The producers welcome the visitors for visiting and tasting in the middle of the vineyards.



Take a french breakfast in the place nationale of Montauban

This square is the heart of the town, a treasure of architecture built in pink bricks, with double line of arcades.



Observe the migratory birds in Saint-Nicolas-de-la-Grave

The confluence of Saint-Nicolas-de-la-Grave is a ornithological reserve, the most important in the southwest and unique in Europe, famous for the diversity of species who live there.



Go to the market in Saint-Antonin-Noble-Val

On sunday mornings go to one of the most famous market in the region. Taste the local flavours and meet some local producers in the medieval alleys of this charming old city.



Taste the best local wines

Taste it at the restaurants or directly at the producers farms. The Tarn-et-Garonne counts 6 designations of guaranty of the quality of all the different wines. Independent wine producers, organic production, wine cellar, taste it all.

City Trips : Montauban

Welcome in the city of Ingres



Montauban, town of Art and History, nine centuries old, is wearing well. Built of pink brick, it offers treasures such as the 17th century Place Nationale with its splendid arcades and surrounding old streets, its luxury private mansions, the view on the former Bishop's Palace from the Pont-Vieux (old bridge). The town has managed to keep its identity whilst renovating its architectural heritage, witness of a rich and eventful history. Must see: the Church of Saint-Jacques, the Ingres Bourdelle museum, the Notre-Dame cathedral, the sculptures by Antoine Bourdelle scattered around the town.

www.montauban-tourisme.com



Street art adventure

In Montauban, you can admire many works of art and street art in the streets of the town centre. They pay homage to famous children of the city. Artists who have produced some of our country's greatest masterpieces, have influenced future generations and have left their mark on the history of France! Go on a graphic adventure looking for the feminist Olympe de Gouges, Bourdelle and Ingres, the 100 Taur young artist masterpieces...



Ingres Bourdelle museum

In the former archbishop palace dating from the 17th century, the Ingres Bourdelle Museum houses works by two of Montauban's most famous sons, the painter Jean-Auguste-Dominique Ingres and the sculptor Antoine Bourdelle. The museum exhibits

an important collection of paintings by Ingres, as well as over 4000 of his drawings, one of the museum's great assets. The Bourdelle collection also includes numerous sculptures by the master, such as the monumental sculpture of Hercules the Archer, a masterpiece by the artist showing Hercules performing one of the twelve labours.

Exhibitions 2026

Summer 2026 – 2 November 2026: Ingres and Fashion: The Art of Drapery

Bringing together an exceptional selection of more than 200 works, paintings, drawings, textiles, accessories and period documents, the exhibition reveals Ingres' acute sensitivity to fabrics, drapery and dress. Visitors are invited to discover how clothing shapes artistic vision and composition, and how Ingres elevates textile matter through subtle transparency, fluid movement and exquisite attention to detail. The exhibition also traces his enduring influence on 20th - and 21st-century fashion designers, including Jean-Charles de Castelbajac, Yves Saint Laurent and Issey Miyake, highlighting the continued resonance of his aesthetic within contemporary fashion.

July 2026 – May 2027: Françoise Péetrovitch

The exhibition features a series of ceramic sculptures depicting hybrid, anthropomorphic creatures, emblematic of the artist's distinctive bestiary. These enigmatic figures are placed in dialogue with the museum's medieval sculptural repertoire capitals and keystones displayed since the 19th century in the historic Salle du Prince Noir creating a powerful conversation between past and present.

www.museeingresbourdelle.com

City Trips : Moissac

Stone, water and grape...



This city is indeed the home of the famous AOC Chasselas grape, the first fresh fruit to benefit from AOC, and listed as French Cultural and Immaterial Heritage. Moissac, charming city, is well-known worldwide for its abbey church and its cloister, listed as World Heritage Site by UNESCO. Founded in the seventh century, the abbey of Moissac was for centuries one of the most important in France. It was and still is a major stop on the Compostella walking path. The tympanum of the abbey is also among the masterpieces of Romanesque sculpture. With a pretty marina, Moissac is ideal for people wanted to walk along the Canal of the two seas. Don't miss the impressive Cacor bridge.

www.tourisme-moissac-terresdesconfluences.fr

Art Deco in Moissac

In the early twentieth century, a period marked by economic vitality and later by post-flood reconstruction, Moissac embraced modernity. New buildings reflected the Art Deco style of the interwar years, favouring elegant lines, geometric motifs and carefully crafted decorative details. These façades, discreet yet sophisticated, can still be seen in the town centre, blending harmoniously with older stone architecture.



Have a tea in Belleperche

In the middle Ages, Belleperche Abbey was one of the largest and richest monasteries in the Southwest of France. The unique exhibition "Earth and Tea" at the Museum of Table Art in the Cistercian Abbey of Belleperche is not to be missed. This exhibition displays the "Valfré collection", unique in Europe, it is a real aesthetic and cultural treasure, a collection of old ceramic masterpieces, mainly from China. It is above all 246 stoneware pieces, mainly teapots from the city of Yixing. Yixing is the place where the teapot was invented at the beginning of the 16th century, when tea prepared by infusion finally replaced the decoction (pressing/ mashing) process that had been used for centuries. Yixing teapots, with their many nuances of red, violet, purple, brown, yellow or black, have been appreciated and sought after in China for five centuries. What was once a collector's item and curiosity reserved for princes has once again become a daily object, and rightly so; Yixing stoneware is the perfect material for preparing tea in the best conditions to express the aromas and flavours.

www.belleperche.fr

Villages, Abbeys & Castles

Auvillar



Overlooking the river Garonne valley from the top of its hill, the village of Auvillar is classified as one of the "Plus Beaux Villages de France".

The triangular square where you can admire the stunning grain hall gives the village an Italian atmosphere, thanks to the toscan columns of the hall and the charming houses around it.

The tourist office, which is in the former Clarisse convent is a peaceful place where you can have a breathtaking view on the river Garonne.

www.officedetourismedesdeuxrives.fr

Bruniquel



Bruniquel is a medieval enchanting village, surrounded by forest, caves and nature, the beauty of Bruniquel lies in the magnificent facades of its medieval houses. Not one but two castles stand side by side and dominate the river Aveyron. The castles gardens are not to be missed.

If you want to discover the secret of Bruniquel's cave, visit the castles and the room dedicated to this famous scientist discovery.

www.bruniquel.fr

Lauzerte

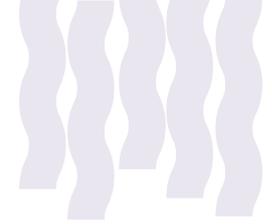


The village of Lauzerte overlooks the valleys and hills of Quercy Blanc. This medieval "bastide" has an incredible rectangular square surrounded by timber-framed houses, restaurants and you can see in front of the church the surprising turned corner.

A farmers' market is held every Saturday morning all year long, and a "marché gourmand" every Thursdays evening in July and August.

The village is famous for its arts and crafts workshops.

www.quercy-sud-ouest.com



Beaulieu-en-Rouergue Abbey

Located in the heart of Ginals, **Beaulieu-en-Rouergue Abbey** offers a striking dialogue between medieval austerity and the bold energy of the **Brache-Bonnefoi collection**. This major hub for "Art Informel" (featuring Michaux, Hantäi, and Asse) is now framed by a landscape as curated as its galleries.

The abbey's **newly restored gardens and its exquisite rose garden** provide a sensory bridge between the spiritual and the creative. For cultural travelers, it is a rare opportunity to wander from the raw limestone of the nave to the fragrant paths of a traditional monastic garden, now reimagined for the modern eye. Beaulieu is no longer just a monument; it is a living masterpiece where French heritage meets avant-garde expression.

www.beaulieu-en-rouergue.fr

Gramont castle

A proud member of the *Centre des monuments nationaux*, this "pearl of Lomagne" offers a captivating architectural journey. It seamlessly blends the strength of its medieval origins with the refined grace of a Renaissance wing, all overlooking the rolling hills of South-West France. Beyond its golden stone walls, Gramont is a place of serenity. Its **formal terraced gardens** lead the eye across an unspoiled landscape, offering a perfect harmony between historic grandeur and rural charm. For travelers seeking the sophisticated, quiet soul of rural France, Gramont is an essential, elegant discovery.

www.chateau-gramont.fr



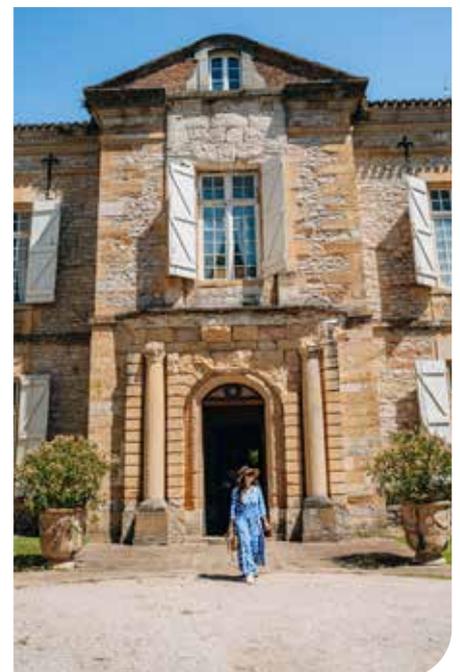
Montricoux castle, Marcel Lenoir museum



Perched at the gateway to the Gorges de l'Aveyron, **Montricoux Castle** is now home to the permanent museum of **Marcel Lenoir (1872–1931)**, a giant of the post-impressionist era who walked his own path between Symbolism and Fauvism.

Lenoir, often called a "modern primitive," combined a fascination for Italian Renaissance frescoes with a vibrant, almost mystical use of color. From his monumental canvases to his delicate drawings, the collection reveals an artist who refused to be categorized, much like the castle's own blend of 12th-century stone and 18th-century elegance.

www.marcel-lenoir.com



Museums



Fermat Museum

The new Fermat Museum is now open in Beaumont-de-Lomagne, one of the most charming cities of Tarn-et-Garonne, in the heart of the South-West in Occitanie region. The town, famous for the white garlic, is the home town of the genius Pierre de Fermat. He was one of the most intelligent man of his time. He is best known for his Fermat's principle for light propagation and his Fermat's Last Theorem in number theory, which he described in a note at the margin of a copy of Diophantus' *Arithmetica*.

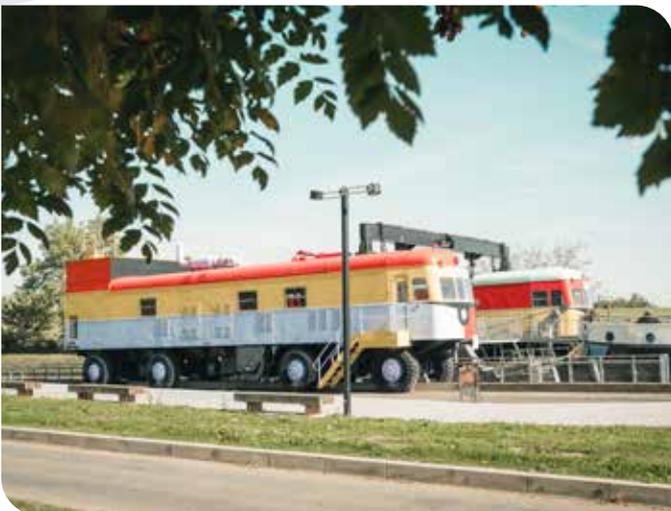
This museum is a major site for scientific tourism, and a perfect occasion to visit Beaumont-de-Lomagne.

www.museefermat.com

NEW Family-Friendly Exhibitions at the Fermat Museum

In 2026, the Fermat Museum invites families to discover mathematics in playful and unexpected ways. In *My Kitchen* reveals how maths and everyday cooking are closely linked, from proportions and slicing cakes to simple algorithms, turning the kitchen into a hands-on laboratory of fun experiments for all ages.

Younger visitors, from age 3, will delight in the *Little Fermat Space*, a magical mathematical forest filled with colourful settings and clever animal characters inspired by famous mathematicians. Through games, puzzles and interactive experiences, children are encouraged to explore numbers and shapes while playing, imagining and learning together.



The Montech water slope

This tourist site is opened in Montech since 2020. Colorful and unexpected, it is part of a project to upgrade the town's water slope. It showcases a unique heritage focused on river tourism and its industrial treasures along the Canal des Deux Mers. The water slope has been painted with colors that remind the sailing codes, inspired by the Italian art movement, Memphis. The Altaïr barge complete the visitor tour and also hosts exhibitions. The courtyard of the former paper mill accommodates the tourist office of Grand Sud Tarn-et-Garonne. It has been transformed with a landscaped car park and an open-air theatre to provide a dynamic platform for this contemporary and modern space.

www.pentedeaudemontech.fr



New

Le Quercy Généreux in Montpezat-de-Quercy

Le Quercy Généreux is a welcoming gateway to the living heritage of the Quercy, where village architecture, agricultural landscapes and local traditions come together. Designed for all generations, this new cultural space combines an engaging exhibition on farming and viticulture with a shop of local produce, a convivial tasting area and a program of workshops and events, an ideal slow travel stop to understand, taste and share the soul of Quercy Caussadais.

www.tourisme-quercy-caussadais.fr



New

New layout at the Camp de Judes Memorial

With a view to passing on the memories linked to the Spanish Civil War and the Second World War, the Camp de Judes Memorial in Septfonds has undergone a complete renewal.

The barrack building (constructed in 2009 at a quarter of the scale of the 1939 models) now features a clear and accessible interpretive layout. It includes interior and exterior fittings as well as explanatory panels. The mobile application "Septfonds, un camp, des mémoires" offers a distinctive and immersive visit to this singular site. The application was awarded in the DMCA call for projects "Innovating in memorial tourism". A visit to the Camp de Judes is inseparable from La Mounière, the Maison des Mémoires, located 2 km from the Memorial.

www.septfonds-la-mouniere.com



New

Chappe Telegraph Tower in Saint-Loup

Recently restored and now open to visitors, the Chappe Telegraph Tower of Saint-Loup offers a fascinating glimpse into early long-distance communication. Dating back to 1834, this former optical telegraph stands on the Agre plateau near Auvillar and was in use until 1854. Part of Claude Chappe's pioneering semaphore network, which once relayed messages across hundreds of kilometres, the tower invites visitors to discover a slower, more human rhythm of communication.

Fun fact:

The Musée Lamothe-Cadillac tells a remarkable transatlantic story. Housed in a handsome 16th-century building in Saint-Nicolas-de-la-Grave, the museum traces the extraordinary life of Antoine Laumet – better known as Antoine de la Mothe Cadillac – the Gascon adventurer who went on to found the city of Detroit in 1701.

Born here in 1658, Laumet reinvented himself in the New World, adopting a noble-sounding name before embarking on a daring career in New France. Soldier, explorer and entrepreneur, he established Fort Pontchartrain du Détroit, laying the foundations of what would become one of America's great industrial cities. His legacy lives on not only in Detroit's history, but even in the iconic Cadillac car brand, which bears his adopted name and coat of arms.



Art and crafts

The brooms of Grisolles

During more than a century, Grisolles was the Europe capital of the broom.

The industry of the nineteenth century enables the fertility of the plains of river Garonne. It's a revolution that transforms a coarse utensil of straw in a tool aesthetic and usual with strong wooden handle, different straw, wire for tie, conical shape flattened, and all keeping by a pretty cord of colour. This is a 100% Occitan's broom. Before the First World War, the canton counts more than 20 workshops and around 400 workers in Grisolles.



Jean Marc Coulom, the last broom maker of Grisolles:

He is the inheritor of a handmade knowledge in danger. Always passionate, Jean Marc insures this old tradition. You need to be patient to make a broom and some raw material of quality: beautiful straw of Sorgho, wooden handle of pin of Landes, reed of Camargue, plasticised hemp yarn and a little bit of red paint on the apple and at the end of the handle: emblem of the workshop. His creation are a mixed of art, old knowledge and usual product.

www.balaispaillecoulom.com

Calbet Museum

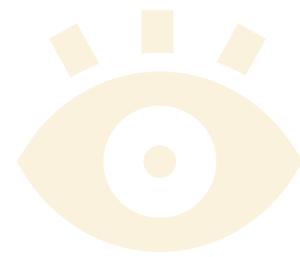
The Calbet museum was created in 1938 by writer and poet Théodore Calbet Occitan, the museum of arts and popular traditions of Grisolles has a set of collections related to different aspects of regional daily life from prehistory to the present. A room is dedicated to the broom production of the city and its story. Since 2002, the museum opened its Calbet spaces to contemporary Art, inviting exhibition and residency, artists revisiting the concepts of heritage, community and territory. An original encounter that makes this museum a place of unusual dialogue between the ancient heritage and artistic creation...

www.causses-gorgesaveyron.com

GESTES - Hat-Making Heritage, Tarn-et-Garonne

From spring onwards, the GESTES program celebrates Tarn-et-Garonne's historic hat-making tradition through contemporary art, artist residencies and immersive installations. Exhibitions, village trails and digital mapping experiences invite visitors to explore this living craft heritage at a gentle pace, where creativity, know-how and place come together.





Wear a real "Canotier" in Caussade

Caussade is known worldwide for its hat factories and the truffle market. In the XIX century, Caussade made straw hats for French actors, such as Maurice Chevalier, and rich ladies of Paris. Today, the hat festival in July invites artists and designers of hats from the all world to present their best creations at the art show. Since 2015, Caussade has also its kind of Hat Museum, "L'Épopée chapelière". This original space, dedicated to the hat history of Caussade, allow visitors to discover the creation and history of hat factories in Caussade, wearing a real canotier.

Glass makers in Moissac Ce qui est en verre

"Ce qui est en verre" is a showcase of light dedicated to glass. Set up in the "rue des Arts" the workshop is a charming spot, with the medieval stairway yard, the garden and in the end the shop. You can admire Caroline and Laurent while they are working, see glassblowing demonstrations or have a real one-hour lesson. Animals, lights, Christmas balls, fruits, vases, jugs, bowls... you can find original creations to use every day at home.

www.cequiestenverre.fr



Didier Soligon, artist and Ironworker

In Lauzerte, Didier Soligon and his creations are known to all! A designer who imagines most of his pieces, inspired by people, nature and History.

Didier mainly produces decorative objects and furniture, which are sold in his workshop in Lauzerte. He is keen to highlight old trades, the Quercy region, the wine and the animals. His workshop is close to the Pilgrim Garden of Lauzerte, in the old armoury from Middle-Ages, not a bad place to expose knives and swords!

***"When people look at a piece,
there should be no questions asked!"***

www.ferronnerie82.fr

Gastronomy



**The orchard
of the southwest**



The Tarn-et-Garonne, with its microclimate and rich soil, produces 80% of the fruit in the Occitanie, 420 000 tons to be exact. It is the vineyard of the Southwest. Chasselas de Moissac AOC, with its light golden fruit, is one of the bestselling grapes. Reine-Claude Label Rouge is a unique variety of plum from the southwest with a firm, juicy, sun-drenched texture. The plum tree is in fact the oldest plant species cultivated for marketing. Tarn-et-Garonne also produces Quercy melons with their exceptional aroma and taste, Moissac cherries, Apples, Lomagne hazelnuts, Laguéprie chestnuts, saffron, white garlic from Lomagne, and duck specialities such as foie gras.



Quercy Lavender

Formerly, the lavender of Quercy was recognized of specific quality. Florence and her husband Robert cultivate the official lavender in organic farming. They distil on site since 2017 the oil from the 700 feats of their lavender fields, but also lavendula, angustifolia. Come in June or July to see the flowering.

www.leslavandesdeflorence.fr

Irresistible Chasselas of Moissac



In 2017, Chasselas of Moissac has been recognized by France to be listed on National Inventory Cultural Heritage.

Twenty producers of the famous table grape Chasselas de Moissac AOC expressed a desire to share their passion. Passionate about their work, they welcome visitors into their farm to discover the fruit growing. Its delicious simplicity, the most daring cooks do wonders...

Consecrated first "station Uvale" of France in the 1930s, Moissac continues the tradition of wellness treatments. Nowadays, you cannot only enjoy eating grape juices, but you can also relax in spas, steam, and saunas... in this beautiful city.

www.chasselas-de-moissac.com



Weekly markets are expected reunions for locals and tourists, and take place in the heart of our towns and villages. Dawdle through medieval towns and villages, in front of stalls laden with local producers, soaking up local atmosphere and its warm welcome. In the Tarn-et-Garonne, the markets are colourful and clamorous... just like its inhabitants! With a lot of emblematic products, the Tarn-et-Garonne presents a tasty and delicate diversity, the workers have a lot of choices to create some specialities from those treasures.



Lovely Markets



Chocolates

You can also try some chocolate, 3 creations made for chocolate lovers!

The Grain doré: creation from 1954 with dark chocolate, Chasselas seed and a little bit of Armagnac.

The Boulets of Montauban: named after the famous battle against the king of France. It's a hazelnut coated by chocolate.

The Bonbons Flingueurs: tasty roast hazelnuts with crispy coated of acacia gum and milk chocolate.

Les Noisettes d'Aygots

In the heart of Lomagne, at Balignac, Marine and Rémi Salvadori continue a family tradition rooted in the land, dedicating themselves to the careful cultivation of an exceptional nut: the hazelnut.

Working hand in hand between fields and orchards, this passionate family transforms their harvest into a range of refined, gourmet creations designed to reveal the full depth and character of their hazelnuts. From the farm shop to a select network of partners, *Les Noisettes d'Aygots* offers an authentic taste of terroir, craftsmanship and flavour-driven simplicity.



Chez Lucien, a very original bakery

The first educational bakery of France is now opened in Saint-Nauphary, created by Christophe Passédat. This well-known baker is inspired by local products, and had always made delicious breads with flour from the family's wheat fields, and cereals such as barley.

Christophe wants to share its work and knowledge with the future generations, that is why he created this special bakery. People can also eat at the bakery tea-room.

www.boulangerie-chez-lucien.com



Gin Saint-Amans, a love story between France and Scotland

Anne, Scottish, and Jean-Louis, French, have worked for a long time in spirits in Scotland, before coming back to Jean-Louis' home land to make their own special gin.

Tarn-et-Garonne is a heaven for winemakers, the climate producing some of the world's finest grapes. It is the love of these grapes that forms the basis for this precious gin. Proudly named after the small hamlet in which they live, this gin is the result of a long-lived dream for Anne and Jean-Louis; to create something sustainable and with purpose. Most of the fruits, flowers and herbs are produced in their garden.

www.saintamans.com



Tarn-et-Garonne's Wine Heritage



Possessing 6 appellations the Tarn-et-Garonne produces wines where one can taste the influence and earthiness of the rich soil that nourished the grapes

From small-scale producers to historic estates, Tarn-et-Garonne is home to six diverse wine appellations, each defined by its unique terroir, grape varieties and the exceptional know-how of local winemakers. From well-known AOP to more discreet labels, the region offers true hidden gems: AOP Fronton, AOP Coteaux du Quercy, AOP Brulhois, AOP Saint-Sardos, IGP Lavilledieu, and IGP Coteaux et Terrasses de Montauban - Comté Tolosan.

The most widely grown grape varieties include the endemic Négrette, characteristic of the Fronton area, alongside cabernet franc, merlot, syrah, gamay and tannat. Reds here are full of character, no surprise that Brulhois has been known as the "black wine" since the Middle Ages.

Spanning 1,855 hectares, Tarn-et-Garonne vineyards produce aromatic, elegant and well-balanced wines from noble and heritage grape varieties. Practicing sustainable and, in some cases, organic viticulture, local winemakers are attentive to their terroirs and generous in spirit, creating subtle yet approachable wines that can be enjoyed by enthusiasts of all levels.



aromatic intensity. To qualify for PDO certification, the blend must contain at least 40% Négrette. **Wines:** red and rosé

www.vins-fronton.com

PDO Fronton

Cultivated on the terraces of the left bank of the Tarn, these wines are characterised by their main grape variety, the Négrette, which produces reds with scents of black fruits, cassis or blackberries, flowers and spices. The rosés are fruity and soft with good



independent winemaker and they cultivate 165 hectares. The main grape variety is Syrah, with spicy notes, combined with Tannat, for its character and fruitiness. Cabernet Franc and Merlot complete this blend. **Wines:** red and rosé

www.saint-sardos.blogspot.fr

PDO Saint-Sardos

The history of this wine is linked to the Cistercian Abbey of Grandselve. The production area spans the valleys bordering the left bank of the Garonne and includes about fifty winemakers who are members of the cooperative cellar of Saint-Sardos, alongside an



“Vignobles des Coteaux à la Garonne” A Newly Recognised Wine Destination



The newly defined wine destination Vignobles des Coteaux à la Garonne has just been awarded the prestigious Vignobles & Découvertes label, a national distinction granted by Atout France and the French Higher Council for Wine Tourism. This recognition crowns a major collective effort to strengthen the department's wine and food tourism appeal.

It marks a new chapter in the local wine story, shining a light on a still little-known vineyard area whose authenticity and quality are now firmly established. Here, craftsmanship is expressed through the work of committed winegrowers, as well as through the remarkable diversity of landscapes that shape the region.

From the Quercy hills to the rolling countryside of Lomagne, and from the Tarn valley to the banks of the Garonne, Vignobles des Coteaux à la Garonne reveals a distinctive wine territory with a strong sense of place, confident, singular and deeply rooted in its terroir.



PDO Brulhois

Thanks must be given to our English friends who, since the nineteenth century, have recognised the quality of this wine and exported it home. Connoisseurs have known of this rare wine for a long time, but it wasn't until 2011

that the Brulhois Winemakers obtained PDO certification for their production. The "Black Wine" is quintessential of Brulhois. Sommeliers agree that the wine is known for its complexity of aromas, which blend with the spices, jammy black fruits, leather notes and fern. **Wines:** red and rosé

www.vigneronsdubrulhois.com



PGI Lavilledieu

The little known vineyard of La Ville-Dieu-du-Temple is located upstream of the confluence of the Tarn and the Garonne, between Montauban and Castelsarrasin. It owes its strong character to a harmonious blend of

varieties, which include Négrette, Cabernet Franc, Syrah, Tannat, Gamay and sometimes Fer and Milagranet. The PGI comprises three estates: The Peyrarois Estate in Bressols, the Gazania Estate in Labastide du Temple and the Chais de Massougné Estate in Barry d'Islemade. **Wines:** red and rosé



PDO Coteaux du Quercy

The denomination includes 18 towns surrounding Montpezat de Quercy and its collective. The main varieties of the denomination are Cabernet Franc (40%

to 60%), Merlot, Auxerrois, Tannat and Gamay. Their character and finesse perfectly complement the local cuisine. The Confrérie (brotherhood) des Vins of Coteaux du Quercy has over 1,000 members and ensures the promotion and protection of its wines. **Wines:** red and rosé

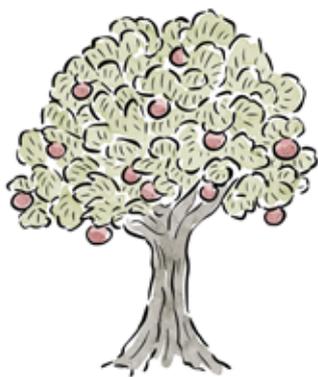
www.vins-coteaux-quercy.fr



The Hills and Terraces of Montauban PGI Comte Tolosan

Thanks to its different soils and exposures, the same denomination surrounding Montauban can produce different

wines according to their origin. In addition, winemakers can play with several varieties: Syrah, Cabernet Franc, Tannat, Merlot, Gamay for reds and rosés, and Sauvignon and Chardonnay for whites. **Wines:** red and rosé



Responsible tourisme



The Tarn-et-Garonne, with its waterways, plains, hillsides, forests and orchards, is full of space where nature can express itself freely.



Spring

Spring is all about blossoming orchards. The cherry trees, the plum trees, apple trees colour the plains and hills with white and pink. Poppies cover the roadsides and paths, and strawberries are the queens of desserts and markets.



Summer

The perfect season for canoeing and swimming in the rivers, having dinner outside and long walks before sunset between the sunflowers. Take a nap under a big oak and get yourself an elegant straw hat from Caussade.



Autumn

For sure the most spectacular season in Tarn-et-Garonne. The yellow, red and orange colours are everywhere. Along the canal of the two seas, the plane trees make you feel like you walk under a golden world.



Winter

In Tarn-et-Garonne, the winter is quite mild but some mornings are frosty, which offer rare moments such as freeze nature and silver landscapes. You can have magic moments seeing villages such as Lauzerte or Bruniquel, emerging from the winter mist.



The most beautiful Sensitive Natural Areas in Tarn-et-Garonne

The Sensitive Natural Areas are preserved places to discover, where people can admire the beauty of nature and explore Tarn-et-Garonne's most ancient areas, but also need to respect the local fauna and flora. They host specific biodiversity and benefit new access. In order to create a network of SNA, the Departmental Council itself is involved in managing and developing some sites. It provides technical and financial support to local project leaders. Tarn-et-Garonne has also 3 areas classified as Natura 2000: the river Aveyron Gorges, the caves and hillsides of Quercy Gascogne and some of river Garonne banks.

Magical sites are not to be missed, such as the island of Labreille, the island of Beaucaire, Labarthe's lake or Saint-Nicolas-de-la-Grave's ornithological reserve.



Saint-Nicolas-de-la-Grave

The confluence of Saint-Nicolas-de-la-Grave is a natural and preserved area of 340 hectares, located at the confluence of the Tarn and the Garonne. The union of the famous river Garonne and the tumultuous river Tarn, creates here a place of high environmental interest, where nature is queen.

It is also a bird sanctuary, the largest in the South-West, unique in Europe, recognised for the diversity of the species that frequent it. Situated on the banks of the river Garonne, the ornithological observatory, created and run by the Society of Natural Sciences of Tarn-et-Garonne, is the perfect spot to admire migratory and sedentary birds.



A Riverside Odyssey: Multi-day Canoeing and Slow Living in Tarn-et- Garonne

For those seeking the ultimate "off-grid" escape, the rivers of Tarn-et-Garonne offer a serene, multi-day canoeing odyssey through the very heart of rural France. Starting from the verdant banks of **Nègrepelisse**, this journey is an invitation to surrender to the current and embrace the true spirit of lâcher-prise. As you meander downstream at your own pace, the river reveals a landscape of wild, preserved beauty and a string of timeless villages, from the medieval heights of **Saint-Antonin-Noble-Val** and **Bruniquel** to the quiet charms of **Varen**, **Montricoux**, and **Lafrançaise**. Far from the crowds, this immersive experience blends soft adventure with deep relaxation, where the gentle rhythm of the water and the lush greenery of the banks provide the perfect backdrop for a restorative, slow-travel adventure.

www.canoe-tarnetgaronne.fr

Cycling



Cycle, along the Canal of the two Seas

This new asset of the South of France is an exceptional cycle route linking the two seas of the Atlantic and the Mediterranean, from Royan to Sète. You can pedal along for almost 700 kilometers beside the Canal de Garonne and the Canal du Midi; the latter is a World Heritage Site, to explore unforgettable landscapes and sites. In Tarn-et-Garonne it starts by Valence d'Agen and continues by Moissac, and the spectacular Cacor canal bridge where the cycle path takes the tourists to the charming harbor of Castelsarrasin. Montauban can be reached by the Montech canal then, before going to Grisolles and arriving in the pink city of Toulouse.

www.canaldes2mersavelo.com



Vallée et Gorges de l'Aveyron cycling route

The Aveyron Valley and Gorges cycling route takes in low-traffic routes, with dedicated signposts, aimed at expert touring cyclists. The route is sometimes steep but it is worth breaking out a sweat for the views and finds. Across nearly 80 kilometers from Montauban to Laguépie, visitors can take in the Aveyron gorges and carry on their journey to the gates of Rouergue and Albigeois. First stop is Nègrepelisse, where its exceptional medieval heritage has been restored. Then, dotted along the route are beautiful places to stop: Bruniquel and its castles perched atop rocky outcrops overlooking the valleys of Aveyron and the Vère; Saint-Antonin-Noble-Val, perfect place to get lost in its medieval narrow streets; Varen and its magnificent deanery, and arrival in Laguépie, to enjoy a bath in the natural beach on the Viaur river.

La Vagabonde

The confluence of Saint-Nicolas-de-la-Grave is a natural and preserved area of 340 hectares, located at the confluence of the Tarn and the Garonne. The union of the famous river Garonne and the tumultuous river Tarn, creates here a place of high environmental interest, where nature is queen.

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Leisure activities



Peaceful walks along the canals or vertical descents in the gorges, hiking or strolling in the medieval villages, climbing and paragliding between summits or an introduction to caving... there is something here for everyone. Some will prefer Tarzan or Robin Hood style activities set among the treetop ropes, while others can choose an Indiana Jones' adventure where you can descend down the river Aveyron Gorges by canoe.

So don't miss out, experience the adventures!

Golfs

Several courses can be found in Tarn-et-Garonne, accessible to all who want to discover the joys of this leisure sport. The golfs in Tarn-et-Garonne have both interest the levels of difficulties and the diversity of landscape between lakes and grove. In Montauban, in the plains of the river Garonne, in the Coteaux of Quercy, from 9 to 18 holes, 4 golfs welcome the people from every level: The golf of Montauban, the golf of the Roucouis, the golf of Espalais and the golf of the Aiguillons.



Mud Adventure is Tarn-et-Garonne's first outdoor obstacle course

Set across 30,000 m² in the heart of the Montels vineyard estate, this permanent outdoor adventure park offers 3 free-access courses and more than 50 obstacles. Designed for all ages and fitness levels, Mud Adventure invites visitors to challenge themselves, share fun moments with friends or family, and enjoy an unforgettable experience in a beautiful natural setting.

www.mudadventure.fr



New places to stay

In the heart of South-West France, Tarn-et-Garonne has mastered the art of "slow living," offering a refined collection of stays where responsible tourism meets timeless luxury. The region's hospitality is deeply rooted in its heritage, inviting travelers to wake up within the golden walls of a boutique hotel set in a former abbey or find sanctuary in an authentic bed and breakfast crafted from honey-hued Quercy stone.

For those seeking the truly unique, the whimsical charm of a restored 17th-century dovecote offers a quintessential French experience, while bespoke eco-resorts and luxury cabins hidden in the canopy provide a sophisticated, sustainable escape from the modern world. Whether it is a rustic country estate or a contemporary hideaway, every retreat here is an invitation to disconnect and rediscover the beauty of an unhurried pace.

Opening of the wellness area at L'Orée des Bois

L'Orée des Bois is a new four-star hotel that enhances the accommodation offer of the Domaine du Belvédère. Covering 10 hectares of wild woodland and rocky plateaux, the estate is a heaven for nature lovers, where flora and fauna coexist in a peaceful environment. This new wellness area includes a sensory pool, a hammam, a sauna, a mud treatment cabin, an experience shower, a meditation room, and a space featuring salt walls and an herbal tea area.

www.domainedubelvedere.com



Les Trois Terrasses in Montpezat-de-Quercy

Nestled in the heart of the medieval village of Montpezat-de-Quercy, *Les Trois Terrasses* is a distinctive property offering 3 guest rooms and, in the near future, 3 self-catering cottages. It stands out for its rich historical and architectural heritage. Overlooking the Collégiale Saint-Martin and the surrounding countryside, the house bears witness to centuries past, combining historic character with contemporary comfort. *Les Trois Terrasses* also features an orangery, welcoming visitors for a savoury or sweet break in an enchanting setting.

www.les-3-terrasses.com

Le Manoir de la Gravette in Montauban

A confidential address for slow luxury, Le Manoir de la Gravette is an elegant guesthouse where historic character meets refined contemporary comfort, with four suites and one beautifully appointed room.

Surrounded by greenery yet just a short stroll from Montauban's historic heart, this peaceful retreat invites guests to slow down, savour the moment and enjoy a discreetly luxurious stay. Recently awarded the *Destination of Excellence* label, it embodies a thoughtful, authentic approach to high-end hospitality.

www.manoirdelagravette.com





Domaine de Migou in Larrazet

Following the success of *La Lumière de Migou* in Beaumont-de-Lomagne, its owners open a new chapter with the Domaine de Migou in the charming village of Larrazet.

Set just a few kilometres from the capital of Lomagne, this peaceful countryside retreat is an invitation to slow down and reconnect with nature, surrounded by rolling hills and soft light. The estate features a house and a beautifully restored dovecote, and also offers bespoke wellbeing retreats, creating an ideal setting for rest, reflection and gentle renewal.

www.lumieredemigou.com/fr/domaine-de-migou

Le Cornelia in Bruniquel

A newly opened boutique address in the heart of the village of Bruniquel, Le Cornelia offers 4 bucolic suites alongside a generous "Entre Amis" suite, ideal for sharing moments with friends. Each suite is fully equipped and thoughtfully designed, blending comfort with understated elegance.

Breakfast is served either in the property's authentic café or beneath the shade of the lime trees, setting the tone for an unhurried stay. Open to the public, the café also welcomes visitors throughout the day with refreshing drinks and locally sourced sharing boards, celebrating the flavours of Tarn-et-Garonne.

www.lecornelia.com



Pella Roca

Pella Roca already offers 4 exceptional treetop cabins, elevated high above the ground and featuring private saunas, Nordic baths and refined interiors. Set within the forest canopy, these secluded hideaways enjoy breathtaking views over the Quercy countryside.

In 2026, a new cabin will join the collection: Orama. Conceived as an ode to light and softness, this 30 m² retreat is shaped by gentle curves, natural materials and warm terracotta tones, creating a serene and immersive experience in perfect harmony with its surroundings.

www.pella-roca.com

Òli – Roquecor

In the hilltop village of Roquecor, Òli is a light-filled and soothing guest suite designed for true disconnection. A generous suite, a flower-filled terrace and natural materials create a calm, intimate setting, with no Wi-Fi, inviting guests to slow down, breathe and reconnect with what truly matters. No screens, no excess, just carefully chosen essentials: handcrafted wool bedding, raw natural textures, organic soap, soft linens and a quiet reading corner, offering an authentic pause from the modern world.

www.maison-oli.fr

Tarn & Garonne

OÙ LA VIE RÉSONNE !

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